VANCOUVER metro®

NEWS WORTH SHARING.

2014 ROAR ON THE SHORE 102ND GREY CUP FESTIVAL

GREY CUP FESTIVAL

TAILGATE PARTY

WIN A PAIR OF TICKETS TO THE BIG GAME!

SEE PAGE 20

Edgewater Casino DOWNTOWN VANCOUVER EDGEWATERCASINO.CA

Cetacean breeding ban shelved for now

Park board opts for more public consultation instead PAGE 3

NO INDICTMENT IN SHOOTING OF MICHAEL BROWN

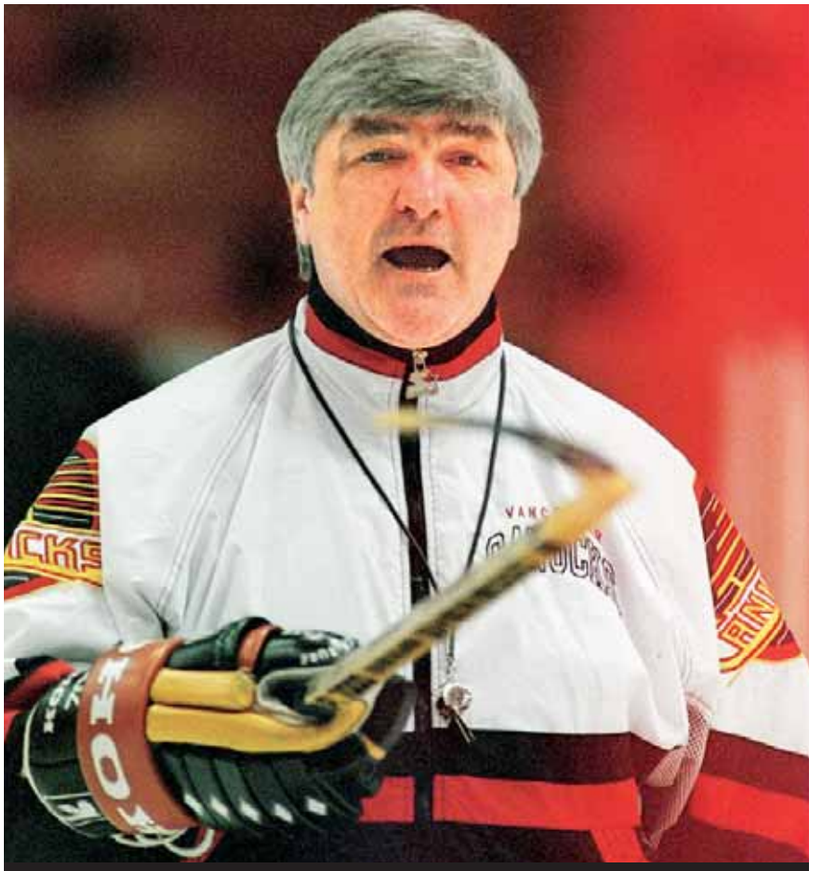
GRAND JURY ISSUES DECISION ON FERGUSON COP AS CITIES BRACE FOR PROTESTS PAGE 10

Shop THE NEIGHBOURHOOD™

YellowPages™

On November 29th get exclusive deals at Vancouver's local businesses

#shopthehood



Legendary former Canucks coach and GM Pat Quinn, seen running a practice at Pacific Coliseum ahead of Game 4 of the 1994 Stanley Cup playoffs, died in Vancouver on Sunday. GLENN CRATTY/GETTY IMAGES

Hockey world mourns Quinn

Rest in peace. Former Canucks coach and GM died at age 71 in hospital Sunday

CAM TUCKER
cam.tucker@metronews.ca

Pat Quinn loved hockey, cared for his players and teammates, and leaves a lasting legacy that reaches far beyond the borders of where he played, coached or managed.

Quinn died Sunday night at the age of 71 at Vancouver General Hospital, after a lengthy illness.

Messages of condolences and support for his family, and fond memories of Quinn's influence on individuals and the game of hockey poured out on social and mainstream media Monday. It was a sign of how much people cared for and respected a man whose career spanned decades, from when helmet-less players were the norm, to the present, when the game is the fastest its ever been.

A member of the expansion Canucks in 1970-71, Quinn was loved in Vancouver and inducted into the Canucks' Ring of Honour in April.

"Pat, as a player and a president and a manager and a coach, had a real profound impact on this organization," said Canucks president Trevor Linden at a news conference.

Linden said the club is still working on its plan to pay tribute to Quinn. The Canucks host the New Jersey Devils on Tuesday, then embark on a seven-game road trip.

Quinn coached the Canucks during arguably the most celebrated period in franchise history — the 1994 Stanley Cup final — but he also played an important role in bringing the franchise to a level of respectability in the late 1980s.

He was behind the bench for Canada when it won gold at the 2002 Olympics, ending a 50-year drought.

His coaching resumé is filled with success, though he never won a Stanley Cup. He was feared as a player, as tough as they come on the blue-line. He had a presence behind the bench.

Linden and former goalie Kirk McLean visited Quinn in hospital on Friday.

On Monday, Linden and McLean, as well as Stan Smyl and Orland Kurtenbach, took turns at the podium at Rogers Arena, speaking candidly about Quinn — who he was as a coach, a player and a person.

"He was a great man, and he will certainly be missed," said Linden.

MORE COVERAGE, PAGE 25

Follow Cam Tucker on Twitter @camtucker_metro

Earn a Median Wage of

$26.50/Hour

as a Network Administrator

Statistics from WorkBC. Low Wage: $14.00/hr. High Wage: $45.00/hr.

Complete Your Network Administration Diploma in

LESS THAN 8 MONTHS

100% Practicum Placement • Flexible Schedules

Call Today! 604-901-5121

FREE Info Sessions Wednesdays at 3:30pm, Surrey Campus

Better Training. Brighter Future. Brighton College.

www.brightoncollege.com

‘MIRACLE MOLECULE’ SUPERCHARGES CIRCULATION, PROMISING BETTER BLOOD FLOW, BLOOD PRESSURE AND INCREASED MENTAL CLARITY & STAMINA!

Are you concerned with high blood pressure or cholesterol, a lack of stamina and energy, a dip in libido and physical performance,or the increase of “senior moments?” The answer to living without these health concerns has been discovered in what scientists are calling the most important health breakthrough of our time. The discovery starts with nitric oxide (N-O)!

OVER 40 LOSING CRUCIAL RESERVES

N-O is a natural substance produced by the body that has amazing effects on health and circulation. The American Heart Association published one of many studies showing that many people over 40 don’t produce enough N-O. In fact, your body produces less than half of what it did at 20.

NOBEL PRIZE WINNING DISCOVERY

Three researchers received the prestigious Nobel Prize for this discovery. One of the winners says, “There may be no disease process where this miracle molecule does not have a protective role”.

GOOD NEWS FOR BOOMERS!

Researchers reported that N-O helps with energy levels, blood pressure, cholesterol, joint discomfort, and assisted in strengthening the immune system.

90-SECOND CIRCULATION BOOSTER

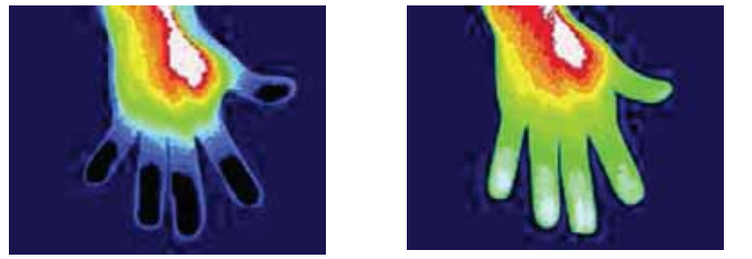
Based on the research of Dr. Nathan S. Bryan, PhD, who lectures to doctors around the world about Nitric Oxide, Neogenis® Labs has created a revolutionary lozenge, called Neo 40 daily, that makes it easy to restore N-O levels. This “fast-dissolve” lozenge restores your N-O to youthful levels by dissolving within 90 seconds and begins to work immediately, which leads to better circulation, for many in as little as 20 minutes.

BETTER CIRCULATION TO WHOLE BODY

Better circulation helps increase stamina, maximizes metabolism, helps manage stress and maintains healthy sexual function. Healthy N-O levels also promote better blood pressure and cholesterol as a result of improved circulation to all major organs.

SURPRISE BENEFITS FOR MEN & WOMEN

“Adequate amounts of Nitric Oxide insure sufficient amounts of blood to flow to the extremities, especially the penis, resulting in an erection. The same applies to women; without proper blood flow to the clitoris, orgasms are difficult,” says Dr. Bryan.



Dark = Low Blood Flow **Light = Increased Blood Flow**

Actual Thermographic Image of Hand shows circulation in hands before and after taking Neo 40 daily. On the Left, the fingertips are almost black showing little blood flow. On the Right, lighter colored fingers show increased blood flow after only 20 minutes.

A boost in Nitric Oxide levels may equal increased sexual sensitivity for men and women. Tammy from Ontario said, “The first night after my first dose I had improved circulation in my hands. I find the increased circulation is a definite benefit in the bedroom.” “We noticed a difference in my husband’s erections within a week. We can’t believe how well it works,” reports pleased wife Marion S., of New York.

NATURAL RESULTS YOU CAN FEEL

Lee L., from CA was stunned with her results. “I have had knee, leg and shoulder problems for over 10 years. The pain has deprived me of sleep for months!

Ronald D. TX explains, “The results were noticeable overnight. I had more energy and was able to focus more readily.”

BEET & BERRY COMBO BOOSTS N-O

Neo 40 daily proprietary combination of N-O boosting nutrients: amino acids, B Vitamins, Vitamin C, and Magnesium are specially formulated with the patent pending combination of red beet and hawthorn berry. The natural chemistry between them generates Nitric Oxide when dissolved in the mouth. The result is increased oxygen delivery, improved vascular function, enhanced sexual enjoyment, and protection against free radicals.

BOOST BLOOD FLOW & OXYGEN STARTING IN 20 MINUTES!

“I recommend this lozenge because it helps the body restore N-O, which leads to healthy circulation; for most in as little as 20 minutes,” affirms Dr. Bryan. The result is increased oxygen delivery, heightened immune function, improved vascular function, and enhanced sexual enjoyment

NEO40® daily

CLINICALLY SHOWN TO HELP YOUR BODY:

- Reduce triglyceride levels (27% average in 30 days)
- Support healthy blood pressure
- Support cardiovascular and heart health
- Improve sexual performance through improved circulation
- Increase the body’s circulation
- Improve artery health

Hedley Enterprises Ltd.

AVAILABLE IN FINE HEALTH STORES!

Please visit www.neo40.ca or call us to find a store near you.

DISTRIBUTED BY HEDLEY ENTERPRISES 1.888.292.5660

NEWS 1

Cetacean-breeding ban flounders at park board

Vancouver Aquarium. Vision commissioners fail to muster support for last-minute vote

EMILY JACKSON
emily.jackson@metronews.ca

Whales, dolphins and porpoises are still allowed to breed at the Vancouver Aquarium — for now.

The park board voted Monday night to shelve a bylaw banning cetacean breeding at the aquarium, although it recommended further public consultation on the issue in 2015. The Vision Vancouver-dominated board asked staff to prepare the controversial bylaw after heated public consultation with hundreds of residents this summer.

Last-minute efforts by outgoing Vision park-board commissioners Sarah Blyth, Constance Barnes and Niki Sharma to force a vote on the ban floundered when they couldn't muster support from fellow Vision commissioners. Aaron Jasper and Trevor Loke felt it wouldn't be appropriate to pass the bylaw before the newly elected board is sworn in Dec. 1.

Even if they had passed the bylaw, it could be overturned in weeks since the Non-Partisan Association won a majority in the Nov. 15 election with a pledge to maintain existing aquarium procedures.

It was a packed and emotional meeting, where Vision commissioners defended the breeding ban as a "balance" between respecting the aquarium's research operations and reflecting the public's discomfort with whales in captivity.

But as they passed the buck to the next board, they urged it to pass the ban as well as approve an arm's-length oversight committee.

NPA commissioner John Coupar, the only incumbent on the park board, did not seem inclined to pursue either measure.

Vancouver Aquarium CEO John Nightingale emerged from the meeting uncertain as to whether he'd have to go through the consultation process again in 2015. Both the park board and the aquarium spent "tens of thousands" of dollars on the process, he said.

Visitors watch the belugas swim at the Vancouver Aquarium in June. THANDI FLETCHER/METRO FILE

Local addicts to get prescription heroin

An injection kit at Vancouver's Insite. JONATHAN HAYWARD/THE CANADIAN PRESS FILE

A group of Vancouverites with severe opiate addictions will finally receive prescription heroin this week, the first time the drug has been administered in North America outside of a clinical trial.

The drug has arrived at the Providence Crosstown Clinic for 26 patients, with more on the way for a total of 120 patients who received special approval from Health Canada, said Providence Health Care vice-president David Byres on Monday.

It's been a long time coming for those who received heroin as treatment during a Providence study on using heroin versus hydromorphone to treat addiction.

Those who benefitted from the treatment — becoming stable enough to secure housing, reconnect with families, find jobs — received approval to continue the treatment, but the federal government took away their access last fall.

The move was widely condemned as political and prompted Providence and five patients represented by the Pivot Legal Society to launch a constitutional challenge. The B.C. Supreme Court granted an injunction in May that allows study participants to access heroin until the challenge goes to trial, likely in spring 2016.

"It's huge for the patients.... Many of them are very ill," Byres said, adding some have turned to theft or prostitution to buy heroin on the street.

Pivot lawyer Adrienne Smith is preparing to argue that the government would violate Section 7 of the Canadian Charter of Rights and Freedoms, a similar argument that won Insite the right to provide supervised-injection services.

"Injection drug users have a right to access health care," Smith said. "That's what we're looking forward to arguing at trial." EMILY JACKSON/METRO

New methodology

One in 5 children in B.C. live in poverty, says report card

British Columbia has done little to improve conditions for children living in poverty, according to the latest report card from children and youth watchdog First Call.

This year's edition of the annual report card tracking child- and family-poverty rates in the province found that roughly one in five children (169,420) are poor, a rate that has not changed since 1994.

The report states B.C.'s child-poverty rate is 20.6 per cent, above the national average of 19.1.

The child-poverty rate for the Lower Mainland is slightly lower than the provincial rate, at 20.2 per cent.

The report recommends the provincial government adopt a comprehensive poverty-reduction plan with legislated targets.

First Call has in previous years ranked B.C. as the worst province when it comes to child-poverty rates but, beginning this year, it can no long use the Survey of Labour and Income Dynamics (SLID) measures from Statistics Canada.

SLID was cancelled in 2011, with the last release of information coming in 2013.

Instead, First Call has utilized Statistic Canada's latest T1 Family File data, for 2012, to determine poverty rates, which does not factor in the cost of living in different provinces.

Under the new measure, B.C. ranks fifth-worst behind Manitoba (29 per cent), Saskatchewan (25.5), Nova Scotia (22.2) and New Brunswick (21). MATT KIELTYKA/METRO

Man facing $100K in medical bills

'It's been a week of hell.' Family of Vancouver man hospitalized in Mexico says his insurance won't cover treatment costs

THANDI FLETCHER
thandi.fletcher@metronews.ca

The family of a Vancouver man fighting for his life in Mexico is facing hundreds of thousands of dollars in mounting hospital bills after he developed deadly blood poisoning and was put in a medical coma last week.

Ryan Maudlen, who has Crohn's disease, set out on his dream trip with girlfriend Katharina Reigl last July from Alaska to Antarctica when, while in Mexico last Monday, he suddenly suffered a painful episode of the inflammatory disease that caused his intestines to burst.

"The bills are just going up and up and I just don't know what to do any more," Reigl told Metro, her voice shaking with emotion. "I have to try and be strong for him, but at the same time, I'm just at the end — I just can't any more. It's been a week of hell."

The 33-year-old underwent emergency surgery at a hospital in Playa del Carmen, south of Cancun, during which a 60-centimetre piece of his intestines was removed.

But when he developed blood poisoning and his organs started shutting down, Reigl said doctors decided to place him in a medically induced coma.

Now Maudlen has been taken out of the coma but he is still unconscious and faces a host of health problems, including a collapsed lung, she said.

When the hospital's electricity cut out for several hours, Reigl said she fought to have her boyfriend transferred to Galenia Hospital, a larger private hospital in Cancun.

At first, she said Maudlen's travel medical insurer, InsureandGO, said they would cover his treatment costs. But two days later, the company said it would no longer cover the costs, the reasons for which are unclear, she said.

She believes it's because Maudlen's hospitalization was the result of a pre-existing condition.

For privacy reasons, InsureandGO said it could not confirm or deny if Maudlen has a travel insurance policy with it. Even if he did, the company said it could not divulge personal information about his claim to media.

Now she and Maudlen's family are facing almost $100,000 in medical bills that are continuing to climb every day.

Maudlen's parents, who live in Australia, have re-mortgaged their house to help cover the costs. If they can't come up with the funds, Reigl said he will be transferred to a public hospital where the standard of care will likely be much lower.

Reigl said she hopes to bring her boyfriend back to Vancouver, but that she needs to wait for his condition to stabilize enough for him to travel.

"He just needs to get out of Mexico," she said.

Maudlen, originally from Australia, and Reigl, who is from Austria, have lived in Vancouver for the past two years.

An online crowdfunding campaign set up by friends in Vancouver has already raised more than $55,000, but organizer Ryan Mulligan said he hopes to reach $100,000.

Want to help?

For more information or to donate to the fundraising campaign, visit gofundme.com/hjx040.

Ryan Maudlen (right), pictured with girlfriend Katharina Reigl, is facing more than $100,000 in medical bills after undergoing emergency surgery in Mexico. COURTESY KATHARINA REIGL

Black Friday is all weekend long.

November 28-30

Starting November 28, join IKEA for Black Friday and take advantage of amazing offers all weekend long!

Friday Nov. 28 - Sunday Nov. 30
Buy 1 get 1 FREE† on all soft toys

Friday Nov. 28
POÄNG armchair
Was $89
$59†

Saturday Nov. 29
NYVOLL queen bedframe
Was $299
$149†

Sunday Nov. 30
KALLAX shelving unit
Was $59.99
$39.99†

Visit **IKEA.ca/BlackFriday** for details.

IKEA®

†While supplies last. No rain checks. Selection may vary by store. Soft toys offer valid November 28-30, 2014. Limit 5 free soft toys per customer. Free soft toy must be of equal or lesser value. POÄNG armchair offer valid November 28, 2014 only. Limit 2 per customer. Valid on Birch frame *813.058.07*, Alme natural cushion *500.669.13*. NYVOLL queen bedframe offer valid November 29, 2014 only. Limit 2 per customer. Valid on black-brown *502.413.23*. Includes SKORVA midbeam and SULTAN LURÖY slatted bed base. KALLAX shelving unit offer valid November 30, 2014 only. Limit 2 per customer. Valid on black-brown *602.758.12*. White *202.758.14*. Birch *402.758.13*.

UBC student Canada's smartest person

UBC law student Braden Lauer, 23, won the title of Canada's Smartest Person on a CBC TV show with the same name. CONTRIBUTED

Genius. He's the winner of a CBC game show that measures smarts in an untraditional way

EMILY JACKSON
emily.jackson@metronews.ca

Second-year UBC law student Braden Lauer can now add "Canada's Smartest Person" to his resumé.

Lauer placed first in the CBC game show of the same title that measures smarts in an untraditional way by testing a person's musical, physical, social, logical, visual and linguistic prowess.

It was "surreal" to watch Sunday's finale with friends, who were on the edge of their seats before Lauer, 23, emerged as victorious over seven other finalists.

Lauer, who was 22 when the show was filmed this summer, applied to compete on a whim after finishing a particularly tricky constitutional law exam in the arduous first-year exam period.

"I'm a smart guy, so I thought I'd throw my name in the mix," Lauer said Monday.

Quoted

"It's not something you ever want to be cocky about ... now my friends can make fun of me any time I do anything remotely stupid."

Braden Lauer

He performed best in the linguistic, logical and social categories, but "bombed" the visual challenges.

As for his musical skills, showcased in a karaoke competition, Lauer joked that he enjoyed his "shining moment as a pop star."

Lauer already has a job for next summer — he landed it before he updated his resumé — and plans to finish law school equipped with a fun new conversation topic at parties.

"I'm definitely trying to remain humble and be a good sport about it all," he said.

"It's not something you ever want to be cocky about … now my friends can make fun of me any time I do anything remotely stupid."

BMO
We're here to help.™

The 3-year BMO® RateRiser® Plus GIC.

1.45% Year 1* | 1.50% Year 2* | 1.60% Year 3*

Our 3-year RateRiser Plus GIC provides you with the security of a savings account and the returns you'd expect from an investment. Your interest rate is guaranteed to increase annually, plus there's the added flexibility of being able to access your money each year.[1]

So start saving and investing today. Special rate offer ends November 30, 2014.

Visit a branch or **bmo.com/rateriser** for details and to book an appointment.

*Interest is paid annually or compounded annually and paid at maturity. Interest rates are subject to change at any time without prior notice. ™/®Trademarks of Bank of Montreal.

Homicide case

Surrey man arrested after wife found dead

Homicide police are investigating after a woman was found dead Sunday in what appears to be a domestic-related incident.

The victim's husband was arrested at the scene Sunday and is in police custody, according to police.

He has not been charged and police are not releasing his identity.

Mounties were called to the home in the 6900-block of 152nd Street just after 1 p.m. and found the woman, who was pronounced dead at the scene.

THANDI FLETCHER/METRO

Phuong Na (Tony) Du

Man fatally shot in police incident identified

The B.C. Coroners Service has identified a man who was fatally shot during an encounter with Vancouver police.

The coroner says 51-year-old Phuong Na (Tony) Du was taken to Vancouver General Hospital after the incident on Saturday but died shortly after he arrived.

Police say they had received calls about the man and arrived to find him distraught, shouting and waving a plank of wood around.

THE CANADIAN PRESS

Charges laid

Suspects in lunch-hour shootout identified

Two people have been charged following an incident that prompted RCMP officers to open fire on a fleeing vehicle.

The confrontation happened last Friday in Surrey, where plain clothes officers used their cruisers to box in a suspect vehicle.

But police say the driver attempted to ram his way out and prompting the gunfire.

The RCMP say 26-year-old Daniel Monaghan of Langley is charged a number of offences.

THE CANADIAN PRESS

Experts divided over children at protests

Burnaby Mountain. Psychology professor says children in grades lower than high school don't have 'intellectual maturity' for protesting

A Vancouver psychology professor is speaking out against parents bringing their children to protests after two 11-year-old girls taking part in anti-pipeline demonstrations reportedly crossed a police line on Burnaby Mountain on Sunday.

Charles Crawford, a psychology professor at Simon Fraser University, said he doesn't think parents bringing their children to protests and allowing them to cross police lines is a good idea.

"That is using and exploiting the children in the interests of the parent's politics," he told Metro in an email interview. "Children need to be in the senior grades of high school before they have the intellectual maturity to get into political protests."

On Sunday, an 11-year-old girl, her friend and her mother crossed a police line on Burnaby Mountain.

Mounties began enforcing a court injunction Thursday ordering protesters to clear the way for Kinder Morgan survey crews to return to the area.

Since then, dozens of have willingly crossed the police line, including children.

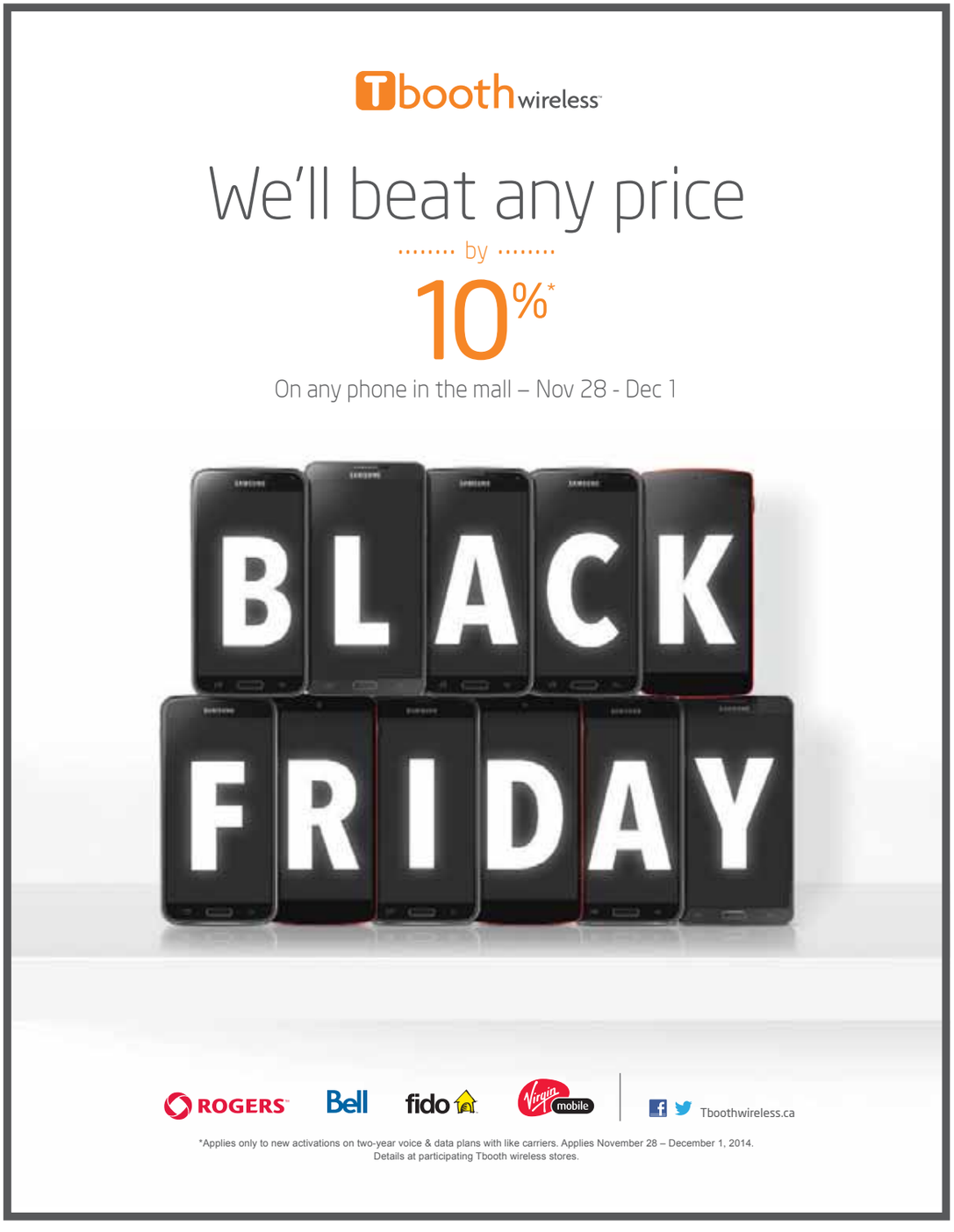
While Crawford warned against the practice, not all experts agree that children should be kept away from protests.

Rima Wilkes, associate professor of sociology at University of B.C., said protests are an opportunity for parents to educate their children on important political issues.

"Should parents have not brought their kids to the protests about the teachers' strike because they're not capable of thinking about these issues?" she said. "Why is it not appropriate when it's about the environment?"

THANDI FLETCHER/METRO

RCMP officers tie off a police line after clearing the road of protesters on Friday. DARRYL DYCK/THE CANADIAN PRESS



Trans Mountain pipeline. First Nations join protest

First Nations on Vancouver Island have added their voices to the clamour of protests over the Trans Mountain pipeline, telling the National Energy Board that the proposed expansion project threatens their fishing, hunting and cultural sites.

Tsartlip First Nation elder Simon Smith told an NEB hearing in Victoria that the risk of a spill from tankers loaded with pipeline oil is too great for his people to accept.

He said increased oil tanker traffic along Vancouver Island's coast will produce increased waves that will quickly erode cultural sites, especially ancient First Nations burial grounds.

Smith made the comments as more protesters were arrested on Burnaby Mountain in Metro Vancouver for defying a court injunction that prohibits demonstrators from interfering with Kinder Morgan crews doing survey work in advance of a NEB decision on the expansion project.

At least 78 protesters have been arrested since last Thursday, including a 74-year-old woman who was briefly taken into custody on Monday and released, RCMP said.

Smith, 75, who previously served as a chief and councillor for his First Nation, said he's opposed to more tanker traffic because of the likelihood that more ships will wash their sacred midden sites and burial grounds "down to the salt chuck."

"Some people don't care, but we do. We have a feeling for our ancestors," he told the hearing.

The NEB is in Victoria until Friday gathering oral statements from aboriginals as it considers whether to recommend approving the pipeline project.

Kinder Morgan is proposing an expansion of its current 1,150-kilometre Trans Mountain pipeline between Alberta and the B.C. coast.

If approved, the expanded pipeline's capacity would increase from 300,000 barrels to 890,000 barrels of crude per day. THE CANADIAN PRESS

Politics

Finance minister orders review of Virk emails

B.C.'s finance minister has ordered a review of newly revealed emails connected to the province's advanced education minister and his time as a board member at Kwantlen Polytechnic University. The Opposition NDP say the emails show Amrik Virk was more involved in the hiring of the institution's former vice-president Anne Lavack than previously thought, and party Leader John Horgan says Virk should be dumped from cabinet. THE CANADIAN PRESS

Mount Polley Mine

Environment ministry urges cleanup efforts

A government progress report into a voluminous wastewater spill at a south-central B.C. gold and copper mine calls for quick completion of human health and environmental risk assessments.

B.C.'s environment ministry says the Mount Polley Mine Corporation must undertake a number of activities in its efforts to clean up the summertime tailings pond breach.

THE CANADIAN PRESS

TODAY ONLY!

IN STORE AND AT THEBAY.COM WITH FREE ONLINE SHIPPING $99 OR MORE*.

TUESDAY, NOVEMBER 25

Save $60

$49.99

Regular $110

Men's PEGABO leather shoes

Choose from up to 6 styles.

Exclusively ours

33% off

other **PEGABO** shoes for men

Plus, 50% off

men's shoes by **CLARKS, ROCKPORT, STACY ADAMS, FLORSHEIM, BOSTONIAN** and **NUNN BUSH****

HUDSON'S BAY

Be the first to know about our One Day Sales. Sign up at thebay.com or follow us on:

Give the Gift of Hudson's Bay

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. Excludes Hudson's Bay Company Collection. See in store for details. ***FREE SHIPPING:** Receive free standard shipping on a total purchase amount of $99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbecues and mattresses. ****Men's shoes** exclude Clarks TOR, Clarks 1825, Clarks Sport, Clarks Unstructured and items with 99¢ price endings.

Hacker attacks on city sites continue

Aerith. Ottawa and Toronto police sites hacked, along with the City of Toronto and City of Laval sites

TREVOR GREENWAY
Metro in Ottawa

A hacker who crashed the city of Ottawa and Ottawa Police websites over the weekend claims to have stolen data from cops and plans to release documents to media in the coming days.

Ottawa Police confirmed there was a denial of service attack on their site, but ensured the public that no data had been compromised, but the hacker, who is known as Aerith, says different.

"We indeed did breach their server. Yes we have a ton of data, and yes it will be released," said the hacker, who claims to be with the loose-knit vigilante group Anonymous, in a news release Monday evening.

"We are the ones whom took out the Supreme Court, Ottawa Police, City of Ottawa, Toronto Police, Laval Police, and more. We will be taking out more in the coming days, and we will not stop."

The hacker says there are plans to release police "emails, documents and more" and won't stop crashing city websites until police drop 60 swatting charges against a Barrhaven teen — a crime they say the teen was framed for.

The hacker also crashed the City of Toronto, Toronto Police and the government parliament websites and took down the City of Laval website Monday evening.

"When the charges are dropped (we will stop), until then, we will keep taking them offline," said Aerith in an email exchange with Metro.

Aerith

Aerith says they have proof the swatting — prank calling emergency services to send out swat teams under false pretenses — was actually done by a man in New Jersey, and plan to release documents that would exonerate the teen.

The hacker first attacked Ottawa.ca Friday, as users were brought to a screen with a dancing banana and a text message targeting an Ottawa police officer Joel Demore.

Police remain tight-lipped, but Chief Charles Bordeleau said that although their website is down, operation of the force remains fully functional.

Possible wrongful conviction?

Glen Eugene Assoun leaves Nova Scotia Supreme Court in Halifax on Monday. Assoun, who was serving a life sentence for stabbing his ex-girlfriend to death, was granted bail after a preliminary review of his case said he may have been wrongfully convicted.

ANDREW VAUGHAN/THE CANADIAN PRESS

Spy agency

CSIS bill is constitutional, Public Safety official says

The deputy minister of public safety says a bill that would allow Canada's spy agency to break foreign laws is constitutional.

At a Commons committee meeting, Francois Guimont assured MPs that Justice Department lawyers had vetted the legislation against the Charter of Rights and Freedoms.

The government legislation introduced last month would provide blanket protection for Canadian Security Intelligence Service sources and give the spy agency more latitude to obtain a court-ordered warrant authorizing investigations abroad — even if it means violating the laws of other countries. The government says the source-protection and warrant provisions will help CSIS conduct investigations into potential terrorists when they travel overseas. **THE CANADIAN PRESS**

New to Canada?

Scotia Momentum® No-Fee VISA* Card

✓ $5,000 credit limit[2]
✓ an unsecured credit card[2]
✓ no credit history required[3]

Get up to $5,000 in an unsecured credit card[2] from Scotiabank under the *Scotiabank StartRight*® Program[1]

Visit a Scotiabank branch or **www.scotiabank.com/startrightcredit** for details.

Scotiabank StartRight® PROGRAM FOR NEWCOMERS

Scotiabank®

® Registered trademarks of The Bank of Nova Scotia. * Trademark of Visa International Service Association and used under license. **1** The *Scotiabank StartRight* Program created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers. **2** Subject to meeting Scotiabank's credit criteria, income requirements, immigration permit requirements and security requirements. Maximum unsecured credit limit for International Students is $1,000. An unsecured VISA card may be available only up to certain credit limits; a secured credit card requires security equal to 100% of approved credit limit for Foreign Workers and Permanent Residents and 120% of approved credit limit for International Students. In addition, to be eligible for a personal borrowing product, you must be a Canadian resident and have reached the age of majority. Standard interest charges and fees are applicable. **3** Subject to approved credit history, where a credit history exists. All *Scotia Momentum* No-Fee VISA* cards issued after March 14, 2011 will have VISA payWave*.

HANDY APPLIANCES

BLACK FRIDAY SALE

Now Through Nov. 29!

featuring LG Appliances

705 E 17th Avenue Vancouver BC V5V 1B8
604-879-1555 | 604-325-1313

SHOP ONLINE 24/7!
handyappliances.ca

Hours: Mon-Fri 8:00am-5:30pm
Sat 9:00am-4:00pm
Sunday Closed

Cooking

LG
30" Freestanding
6.3 Cu. Ft. Electric Range
- True Convection
- IntuiTouch™ Control System

MSRP $1499 In Stock

Online Price $999.99

Dual Oven

LG
30" Freestanding
6.7 Cu. Ft. Electric Range
- Infrared Grill with Dual Oven
- EasyClean™ Smooth Top

MSRP $1999 In Stock

Online Price $1499.99

Dual Convection

LG
30" Slide-In Convection
5.4 Cu. Ft. Electric Range
- Dual Convection with 3 Convection Modes
- SmoothTouch Glass Controls
- 5 Expandable Elements

MSRP $2699 In Stock

Online Price $1999.99

Refrigeration

LG
30" French Door
22.0 Cu. Ft. Refrigerator
- Smart Cooling System
- LED Interior Lighting

MSRP $1699 In Stock

Online Price $1299.99

Door in Door Design

LG
35.75" French Door
26.6 Cu. Ft. Electric Range
- LoDecibel™ Quiet Operation
- Slim SpacePlus™ Ice System
- Smart Diagnosis

MSRP $3199 In Stock

Online Price $2199.99

68" Height / 75" Height

LG
24" Bottom Freezer
10.2 Cu. Ft. Refrigerator
- MultiFlow™ Air Cooling
- Quick Freeze Drawer

A — WHITE MSRP $999 In Stock — **Online Price $799.99**

B — PLATINUM MSRP $1299 In Stock — **Online Price $999.99**

LG
24" Bottom Freezer
11.7 Cu. Ft. Refrigerator
- LoDecible™ Operation
- Electronic Temp Control

C — PLATINUM MSRP $1399 In Stock — **Online Price $1199.99**

Laundry

LG
4.6 Cu. Ft. Front Load Washer
7.3 Cu. Ft. Front Load Electric Dryer

Washer Features
- 6Motion™ Technology
- DirectDrive™ Motor

Dryer Features
- Sensor Dry
- LoDecibel™ Operation

MSRP $1599 In Stock

Online Pair Price $1299.99

LG
5.0 Cu. Ft. Front Load Washer
7.4 Cu. Ft. Front Load Electric Dryer

Washer Features
- Quick TurboWash System
- Steam Technology
- SmartDiagnosis™

Dryer Features
- TrueSteam™ Technology
- SteamFresh™ Wash
- SteamSanitary™ Wash

MSRP $2399 In Stock

Online Pair Price $1699.99

Compact 24"

LG
2.6 Cu. Ft. Front Load Washer
4.2 Cu. Ft. Front Load Electric Dryer

Washer Features
- TrueBalance Anti Vibration
- 6Motion™ Technology
- Smart Diagnosis

Dryer Features
- Intelligent Electronic Controls with Dual LED Display
- NeverRust™ Stainless Drum
- Ventless Condensing Drying System

MSRP $2699 In Stock

Online Pair Price $2299.99

SALES SERVICE PARTS INSTALLATION

Disclaimer: Product descriptions, typographic, price or photographic mistakes are unintentional and subject to correction. All prices are subject to taxes. Some conditions may apply. See in store for details. While quantities last.

Video. Details of boy's shooting 'clear': Police

A Cleveland officer was less than 10 feet away when he fatally shot a 12-year-old boy carrying a pellet gun near a playground, and video of the shooting is clear about what happened, police said Monday.

The boy was confronted Saturday by officers responding to a 911 call about a male who appeared to be pulling a gun in and out of his pants.

The 911 caller said the gun was "probably fake," then added, "I don't know if it's real or not." Deputy Chief Edward Tomba said Monday that he didn't know whether a dispatcher shared that information with responding officers.

The president of the Cleveland Police Patrolmen's Association has said the officers weren't told the caller thought the gun might be fake.

Police say Tamir Rice, who died Sunday, had an "airsoft" gun that appeared indistinguishable from a real firearm. Airsoft guns fire spherical plastic pellets and have orange tips to show they aren't real firearms, but police said the one the boy had didn't have the bright safety indicator.

Authorities said the boy was told to raise his hands and was shot when he pulled the pellet gun from his waistband, though he hadn't pointed it at police or made verbal threats.

THE ASSOCIATED PRESS

Demonstrators gather to protest the shooting of Tamir Rice at Cudell Park in Cleveland, Monday. MARK DUNCAN/THE ASSOCIATED PRESS

Violence erupts after grand jury fails to indict Wilson

Ferguson. Obama calls for calm after news officer won't be charged in death of Michael Brown

Violent protests erupted after a grand jury decided not to indict a Ferguson police officer in the death of an unarmed, black 18-year-old whose fatal shooting by a white officer sparked weeks of demonstrations and exposed deep racial tension between many African-Americans and police.

U.S. President Barack Obama and the family of Michael Brown asked for calm after a prosecutor announced the decision Monday evening that the grand jury decided not to indict officer Darren Wilson for the August shooting, prompting an angry response from demonstrators. Police used smoke and pepper spray after protesters grew violent Monday night in Ferguson, Mo., where police cars were vandalized and several gunshots were heard.

Wilson's fatal shooting of Brown after an Aug. 9 confrontation reignited a fierce debate over how police treat young African-American men and focused attention on long-simmering racial tensions in Ferguson and around the U.S., four decades after the 1960s civil rights movement. Police were criticized for responding to protests with armoured vehicles and tear gas.

Obama said from the White House that Americans need to accept the decision that the grand jury made. He said it was understandable that some Americans would be "deeply disappointed — even angered," but echoed Brown's parents in calling for any protests to be peaceful.

In a late-night statement, the first black president also urged Americans not to deny recent progress in race relations in the U.S., the protests in Ferguson notwithstanding.

THE ASSOCIATED PRESS

Police officers confront protesters after the announcement of the grand jury decision not to indict police officer Darren Wilson in the fatal shooting of Michael Brown, an unarmed black 18-year-old, Monday in Ferguson, Mo. DAVID GOLDMAN/THE ASSOCIATED PRESS

Investing in futures for 30 years.

Since 1984, CIBC Miracle Day™ has raised funds for the CIBC Children's Foundation. On **December 3, 2014**, CIBC's Wholesale Banking employees and participating CIBC Wood Gundy Investment Advisors, with the help of their clients, will once again donate their fees and commissions to help make a difference in the lives of children around the world.

CIBCCommunity.com/MiracleDay

30 Years CIBC Miracle Day

CIBC

™CIBC Miracle Day is a registered trademark of CIBC World Markets Inc.

WIRELESSWAVE™

LIVE IT. SYNC IT. SHARE IT.

NOKIA LUMIA 830

$0* PLUS **$100†** TO SPEND IN-STORE

FREE WIRELESS CHARGER
($69.99 MSRP)

ROGERS™ Bell fido

AT A MALL NEAR YOU | WIRELESSWAVE.CA

* Limited time offer while supplies last. Available on a new two-year term on Nokia Lumia 830 and select plans with Rogers, Fido and Bell. †No cash value. Can be used towards accessories or warranty. Limit one DT-900 Wireless Charging Plate per new line, valued at $69.99. Offer subject to change without notice. Some conditions apply. See in-store for details. Nokia and Nokia Lumia 830 are registered trademarks of Nokia Corporation. © 2014 Nokia. ™Rogers & Mobius design are trademarks of or used under license from Rogers Communications Inc. or an affiliate. © 2014 Rogers Communications. ™Fido & design are trademarks of Fido Solutions ©2014.

No purchase necessary. Contest open to Canadian residents who have reached the age of majority in her/his province/territory of residence before November 18, 2014 (**"Eligible Participants"**). Eligible Participants will be automatically entered into the contest upon making a new flight booking exclusively on the Canadian consumer edition of aircanada.com between November 18, 2014, at 12:01 a.m. EST and December 8, 2014, at 11:59 p.m. EST. The Eligible Participant who will be entered into the contest will be the person who makes the new flight booking and provides his/her contact information at time of booking. Aeroplan membership is not required for contest eligibility but will be required in order to claim all prizes. Ninety-one (91) prizes consisting of: One (1) grand prize of one million (1,000,000) Aeroplan Miles and ninety (90) secondary prizes of one hundred thousand (100,000) Aeroplan Miles for a total of ten million (10,000,000) Aeroplan miles are available to be won. Eligible Participants will be selected by random prize draw. Odds of winning depend on the total number of eligible entries received. Additional terms and conditions apply. Skill-testing question required. Visit **aircanada.com/10millionmiles** for full contest rules and regulations including how to enter without making a purchase. ®Aeroplan is a registered trademark of Aimia Canada Inc.

TAKE ADVANTAGE OF AN ADDITIONAL $750*
TOWARDS MOST 2014 FORD MODELS.
SEE REVERSE FOR DETAILS
Ford
Go Further
| bcford.ca |

Merck acquires Canadian-made Ebola vaccine

A World Health Organization worker opens a box of a Canadian-made Ebola vaccine at the Geneva Hospital on Oct. 22. The chances that a made-in-Canada experimental Ebola vaccine will successfully make its way through the developmental pipeline and into use in West Africa improved dramatically Monday with new high-powered help taking over the project. Pharma giant Merck, which has nearly a century's worth of vaccine production experience, has acquired the licence to produce the experimental Ebola vaccine from a small U.S. biotech, NewLink Genetics. WORLD HEALTH ORGANIZATION/MATHILDE MISSIONEIRO/THE ASSOCIATED PRESS

Swift's Spotify battle hits note with artists

Striking a chord.
Following pop star Taylor Swift's lead, other musicians are also questioning the music-streaming model

From boardrooms in Japan to songwriters' rooms in Nashville, a debate is brewing in music industry circles about the financial and creative value of streaming music, even as its popularity and impact skyrocket.

Streaming music, predicted by many analysts to become the primary digital means for fans to consume music, has such influence now that Billboard will start tallying streaming numbers into the formula for its Billboard 200 chart. But even as consumers wrap their arms around the technology, many in the music industry question whether streaming music revenues will match up.

At a recent investor meeting in Tokyo, Sony Music Chief Financial Officer Kevin Kelleher said a lot of conversation had been happening about streaming services in light of pop star Taylor Swift's recent decision to pull her catalogue off Spotify.

"The key question is: Are the free, ad-supported services taking away from how quickly, and to what extent, we can grow these paid services?" Kelleher asked, according to a report in the Wall Street Journal.

A Spotify representative declined to comment, but company CEO and co-founder Daniel Ek has addressed some critics on its website. He notes that the company has paid out $2 billion US since it started in 2008.

Swift's actions touched a nerve in Nashville, a microcosm of the vast shifts in the musical economy. Country artists Jason Aldean, Brantley Gilbert and Justin Moore followed in Swift's lead to remove or limit music that's available for free to Spotify's 50 million users.

Swift and Aldean have cited concerns about whether the service fairly compensates all the stakeholders who help make the music, a message that resonates among many Nashville artists. THE ASSOCIATED PRESS

Quoted

"To the fans who went out and bought over a million copies of my last three albums, what you did by going out and investing in music and albums is ... saying you believe in the same thing I believe in: that music is valuable."
Taylor Swift at the American Music Awards on Sunday

WestJet

Flight attendants reject agreement

WestJet Airlines Ltd. said Monday that its 2,600 flight attendants have voted to reject a tentative agreement reached last month.

Ninety per cent of eligible flight attendants voted on the agreement, with 57 per cent of those voting casting ballots against the proposed five-year deal, the airline said.

The tentative agreement was reached between the airline and the WestJet Flight Attendant Association Board. WestJet's flight attendants are not unionized, but are represented by an employee association.

The airline says it will meet in the coming weeks with the association board and focus on understanding specific concerns, following the steps outlined in a dispute resolution process.

The Flight Attendant Association Board is part of the ProActive Communication Team employee association which represents some 9,500 non-management employees at the airline. THE CANADIAN PRESS

WITH THE METRO NEWS APP 2.0, THE NEWS OFTEN SPEAKS FOR ITSELF.
So do movie features, sports highlights, celebrity gossip...
metro

Are you:
- An Internationally Trained Professional?
- A Canadian Citizen or Permanent Resident living in BC?
- Lacking affordable financial support for licensing?

we can help!
Contact us at 604.232.1100 or www.success.bc.ca/FCRloan
S.U.C.C.E.S.S. Employment Services
Canada Funded in part by the Government of Canada's Pan-Canadian Innovations Initative

iMARKETING
WE PUT THE *fun* IN FUNDRAISING
Political Fundraising Call Centre
NOW HIRING
Experienced Outbound Call Centre Sales Reps
- Earn up to $700+ a week with guaranteed hourly wage + daily and weekly performance bonuses
- Flexi schedule for top performers
- Paid every Friday
- Attached to SkyTrain Station
- Fun sales driven atmosphere
- Full time and Part time available
- Seniors and Students welcome

Fluent English and Outbound Sales experience is required.
Call Jatin at 778 928-9041 or 604 681-5779 (EXT #2)

It's not about falling...
it's about getting back up.
At some point nearly everyone will have some debt. We're here if you need help.
We offer consultations in person or over the phone - **FREE**! So come in, and ask us about the many benefits of a consumer proposal.
604-310-8888 GTdebt.ca

Locations:
Vancouver (Resident), Langley
Port Coquitlam & Burnaby
Grant Thornton
Proposal Administrator & Trustee in Bankruptcy
Grant Thornton Limited. A Canadian Member of Grant Thornton International Ltd.

MAKE THE MOST OUT OF YOUR
BLACK FRIDAY WEEKEND.

Ford
Go Further
| bcford.ca |

VOICES

HACKTIVISM CAME TOO SOON

While hacking can be a legitimate form of political protest, guest columnist Molly Sauter argues the recent cyberattack on the Ottawa Police website was premature, as due process hasn't been given its due yet in the case of the teen who the hacktavists say was framed

MOLLY SAUTER
Guest column

Hacktivist actions like website defacements and other forms of online civil disobedience are necessary tactics in the toolbox of a modern democracy, and can be a powerful tool for underprivileged populations struggling to get their message heard. But the hacker who recently took down several official Ottawa websites is turning to disruptive tactics ahead of due process.

The hacker or group of hackers calling itself AerithXOR and using the hashtag #OpSoaringEagle, has stated that it is rallying in support of an Ottawa teen who, it claims, has been falsely indicted for making more than 30 false reports to emergency services across North America, a practice called "swatting."

These so-called pranks involve reporting a fake violent crime to the police in the hopes that they will respond in force.

The danger that someone will be seriously injured or even killed in one of these "pranks" is significant and should be taken seriously.

DDoS actions (distributed denial of service actions) and other hacktivist tactics have been tools of online activism since the 1990s, when they were used in the service of causes ranging from the Zapatista struggle to anti-nuclear power protests.

Superficial similarities

On face, #OpSoaringEagle bears a resemblance to other Anonymous ops

Similar to a blockade or occupation, an activist DDoS action typically involves many individual computers accessing the same server repeatedly in a short period of time, with the goal of crashing the server and rendering it inaccessible.

Though DDoS actions are often disruptive, they are not typically destructive, often causing very little (if any) damage to the target's electronic infrastructure.

On face, #OpSoaringEagle bears a resemblance to other Anonymous ops that claimed to be a reaction to the missteps or inaction of law enforcement, such as the effort by Anonymous to bring to light the names of people involved in the rape of a 16-year-old girl in Steubenville, Ohio.

However, in that and other cases, the machinations of the justice system had clearly stalled: In Steubenville, prosecutors had dragged their feet in filing charges against the perpetrators despite the presence of ample and damning evidence.

Demonstrators wearing V-masks participate in the Occupy Frankfurt movement in this 2011 file photo. DANIEL ROLAND/AFP/GETTY IMAGES

In the case of this Ottawa teen, the justice process is just getting started and due process is taking place. If AerithXOR has exonerating evidence, let it bring that to the police or the defence.

A theatrical appeal for public attention of this kind is not necessary until the traditional channels have been exhausted.

Molly Sauter is a PhD student at McGill University studying disruptive online activism, and is an affiliate researcher at the Berkman Center for Internet and Society at Harvard University and the Center for Civic Media at the MIT Media Lab.

She is the author of The Coming Swarm: DDoS Actions, Hacktivism, and Civil Disobedience on the Internet.

Harmless emojis banned while misogynistic apps OK'd

IRENE KUAN
Metro Online

Sexting is nothing new.

People can send lewd messages, images and videos using their smartphones in an instant. Even innocent looking eggplant and banana emojis can be twisted into something perverted, but a new website called Flirtmoji, which provides a set of "sex" emojis you can cut and paste into a text, is trying to bring a fun side to sexting.

I'm very aware that sex texts are a controversial topic right now, due to horrific child porn and cyberbullying cases in the news.

But is there a point for Apple and Android to reject Flirtmoji from their app stores, citing its "sexual content," when there were and are apps in the virtual stores that offend and objectify women way more than a cartoony-looking emoji of a butt phone or fornicating bunnies?

Take the app Perfect Girlfriend, where users can control a virtual girlfriend that can be "touched" and will tell the user she wants to f—k them. It's still available in Apple's App Store.

Not cool

iBoobs, an app where the user jiggles a pair of bra-covered breasts for entertainment, lived in the Google Play Store for years before it was yanked ...

Another offensive app is iLust, where the object of the game is for a guy to stare at a girl's breasts for as long as he can without her noticing.

While the App was short lived, Apple did not see fit to censor this product, which is far more offensive than a cartoon condom-wearing banana.

Even iBoobs, an app where the user jiggles a pair of bra-covered breasts for entertainment, lived in the Google Play Store for years before it was yanked in April.

Given all these examples of sexually explicit, offensive apps that have been available in the notable app stores, should Flirtmojis be censored?

The creators make the argument that we're highly sexual beings, and have been since well before the dawn of the digital age. No matter how we try to look at it, people can use any means, digital or not, to exploit or to be malicious.

The creators of Flirtmoji are hoping their "visual language" will help people communicate sometimes complicated emotions.

These emojis have not been approved by the App Store. SCREENGRABS

metro

Star Media Group President John Cruickshank • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Vice-President & Editor-in-Chief, Metro English Canada** Cathrin Bradbury • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, Features** Amber Shortt • **Managing Editor, Canada, World, Business** Matt LaForge • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Mark Finney • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

MAKE THE MOST OUT OF YOUR **BLACK FRIDAY WEEKEND.**

Ford
Go Further
| bcford.ca |

SWAP YOUR

IT'S THE FORD **BLACK FRIDAY EVENT!**

GET AN ADDITIONAL

$750≠ NOV 27th – DEC 1st

TOWARDS MOST NEW 2014 MODELS ($500 ON SMALL CARS)

PLUS YOU STILL GET

AS LOW AS 0% APR×
PURCHASE FINANCING FOR UP TO 72 MONTHS
ON SELECT NEW 2014 VEHICLES

UP TO $9000‡
IN MANUFACTURER REBATES
TOWARDS SELECT NEW 2014 VEHICLES
(F-150 XLT SUPERCAB 5.0L 4X4 AMOUNT SHOWN)

UP TO $1500◊
FOR QUALIFIED LOYALTY AND CONQUEST CUSTOMERS
TOWARDS SELECT NEW 2014 VEHICLES
(2014 F-150 REGULAR CAB/SUPER CAB AMOUNT SHOWN)

AND NO-EXTRA-CHARGE
WINTER SAFETY PACKAGE△
TIRES | RIMS | SENSORS
UP TO $1800 (MSRP) VALUE
WITH THE PURCHASE OR LEASE OF SELECT NEW 2014 AND 2015 MODELS

VISIT YOUR BC FORD STORE THIS WEEKEND
FOR THE FORD **BLACK FRIDAY EVENT**. HURRY, IT ENDS **DECEMBER 1ST**.

Ford
Go Further
| bcford.ca |

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be purchased with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may end at any time without notice. See your Ford Dealer for complete details. Not all offers may be combined or compared

TAKE ADVANTAGE OF AN ADDITIONAL $750* TOWARDS MOST 2014 FORD MODELS.

SEE REVERSE FOR DETAILS

Ford
Go Further
| bcford.ca |

DVD review

The F Word

Director. Michael Dowse

Stars. Daniel Radcliffe, Zoe Kazan, Adam Driver

Michael Dowse's The F Word (a.k.a. What If) understands that "friend" is what you don't want to be called when your heart is going pitter-pat for another. Such is the dilemma facing Daniel Radcliffe's Wallace, a med-school dropout and post-breakup moper languishing in his sister's attic. When he finally tiptoes from his boy cave, he meets the zesty and simpatico Chantry (Zoe Kazan). But she already has a boyfriend, hotshot UN lawyer Ben (Rafe Spall), and they've been living together for five years. What's a lonely dude to do? If he enters into a platonic friendship with this slightly confused gal, he risks a broken heart and/or a black eye. The F Word gets into familiar rom-com situations, but they feel different. The movie was filmed in Toronto and boasts a prize-winning screenplay by T.O.'s Elan Mastai. Most important of all, Radcliffe and Kazan connect as actors.

The Expendables 3

Director. Patrick Hughes

Stars. Sylvester Stallone, Jason Statham, Jet Li

A franchise that was once mildly enjoyable for the novelty of bringing together aging but still popular action heroes — guys like Sylvester Stallone, Arnold Schwarzenegger, Dolph Lundgren, Jason Statham, Terry Crews, Randy Couture and Jet Li — has turned into a cattle drive of subprime beef, with more grunts and stares than dialogue. This is what an earthbound Guardians of the Galaxy would be like if every character was Groot, the tree guy.

PETER HOWELL

From left, Tchéky Karyo, Frances O'Connor and James Nesbitt star in The Missing. JULES HEATH/NEW PICTURES LIMITED

Mystery of missing child is a harrowing ride for all

Television. Actress Frances O'Connor insists new series isn't based on Madeleine McCann, despite the similarities

NED EHRBAR
Metro in Hollywood

Frances O'Connor had to go to some pretty harrowing emotional places for The Missing, in which she plays a British mother grappling with the disappearance of her young son while on vacation in France, with the story split between the 2006 incident and the present-day ramifications. On the bright side, The Missing follows the True Detective and Gracepoint trend — adopted from across the pond, naturally — of providing a complete, closed story in its full run of episodes, so it's only a matter of weeks until the mystery is solved. And the answer even caught O'Connor by surprise.

How much did real-life stories like the Madeleine McCann case play into the approach to this?
We didn't set out to make a Madeleine McCann-esque thriller or anything. That wasn't our intention. I think that's just one case that's received so much attention, even in America. I'm sure people will make that comparison, but I don't think that was the writers' intention at all. They're really adamant about that. I just think they don't want the McCanns to think, "Oh, they're making a thriller from our experience." But as you go on and the watch the episodes, you realize it's actually quite different.

But certainly it came up at some point.
(Director) Tom (Shankland) said, "There's a book that Kate McCann had written, if you want to read it you might find something insightful in there." I did have a read of it but, ultimately, I thought it was so specific to her case and her experience, and I felt like my character was so different from that. My character really just loses it when her child goes missing, and I think Kate really kept her act together.

While reading the script, were you convinced you had it figured out?
Yes, I did. I was not right. I was wrong, so wrong. That's part of the fun, though. It is an emotional thriller in a lot of ways, because it is about a kid going missing, so in a lot of ways you're invested. But then, having that thriller aspect as well makes it really exciting. As I was reading it — because I didn't know what happened — I was just like, "Oh God, I hope it's not me." It's such a great page-turner when you're reading the script, and I imagine it will be like that when you're watching it.

Does tapping into the emotions for a character like this leave you drained?
Oh yeah, especially the 2006 stuff. I mean, there was stuff in the 2014 section that was also really draining, but 2006 was just relentless. Even though the 2006 section only takes place over 11 or 12 days, we shot it for 2-1/2 months, so it's a long time to be in that kind of "my child is missing" thing. Sometimes I'd get on the Eurostar back to London on Friday and just be a mess, like, "Somebody hold me for a minute!"

It hasn't tainted your view of France now, has it?
No, no. Belgium maybe. We actually shot in Belgium. France is so expensive to shoot in, and Belgium has a lot of tax breaks. Plus the countrysides look identical, and they speak French so it was really good for us.

So you're off Belgium now.
I will never go there again. (laughs)

Probably not what the tourism board was hoping for.
No, no. There's actually one town where we shot a lot of the (heavier) stuff. I probably wouldn't want to go back there in a hurry.

Show time

The Missing premieres Wednesday, Nov. 26 at 10 p.m. ET on Super Channel.

Amazing from coast to coast.

iPhone 6
$264.95[1]
2-yr. Plus plan with data
$749,95 no term

iPhone 6 Plus
$374.95[1]
2-yr. Plus plan with data
$859,95 no term

iPhone 6

iPhone 6 isn't just bigger–it's better in every way. Larger, yet thinner. More powerful, yet power efficient. It's a new generation of iPhone. Get iPhone 6 with Bell and get amazing performance on Canada's largest LTE network,[2] now with speeds up to 45% faster than before.[3] You can also get over 110 live and on demand channels[4] to enjoy wherever you are on the brilliant Retina HD Display. With Bell and iPhone 6, the possibilities are endless.

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell bigger just got better

Get expert advice today.
Visit a Bell store near you:

ABBOTSFORD
Sevenoaks Shopping Centre
BURNABY
Brentwood Town Centre
Crystal Mall
Lougheed Town Centre
Metropolis at Metrotown
CHILLIWACK
Eagle Landing Shopping Centre
Cottonwood Mall
COQUITLAM
Coquitlam Centre
CRANBROOK
First Pro Cranbrook
DAWSON CREEK
600 113th Ave
Dawson Mall
DELTA
Scottsdale Centre
Sunshine Village
FORT ST. JOHN
7920 Alaska Rd
Totem Mall
KAMLOOPS
Aberdeen Mall
Lansdowne Village
KELOWNA
Dilworth Shopping Centre
Orchard Park Shopping Centre
KERRISDALE
2065 West 41 St Ave
LANGLEY
Willowbrook Corner
Willowbrook Mall
MAPLE RIDGE
Haney Place Mall
NEW WESTMINSTER
Queensborough Landing
PENTICTON
Peachtree Square
PITT MEADOWS
Meadowtown Centre
PRINCE GEORGE
Pine Centre
RICHMOND
Aberdeen Centre
Richmond Centre
Richmond Centre II
SURREY
13630–72 Ave
8363–128th St
Central City Shopping Centre
Clover Square Village
Guildford Town Centre
Panorama Village
Semiahmoo Shopping Centre
VANCOUVER
1147 Robson St
698 West Broadway
1588 West Broadway
1008 West Georgia St
2154 West 4th Ave
Capilano Mall
Lynn Valley Centre
Oakridge Centre
Pacific Centre
Park Royal
VERNON
Village Green Mall
VANCOUVER ISLAND
NANAIMO
Country Club Centre
Woodgrove Centre
VICTORIA
3500 Uptown Boulevard
Hillside Centre
Mayfair Shopping Centre
The Bay Centre
Tillicum Centre
Westshore Town Centre

Also available at:

THE SOURCE I WANT THAT

Offer ends November 30, 2014. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge ($15) and SIM card charge ($4.95) may apply. Paper bill charge ($2/mo) unless you register for e-bill and cancel paper bill. 911 government monthly fee in NB: $0.53, NS: $0.43, P.E.I.: $0.70, AB: $0.44. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. **(1)** Available with new activations or upgrades of the 16GB model with $80/mo. spend before tax ($60/mo. plan + $20/mo. for 500MB data) or a $60/mo. plan if adding to an existing account. Promotional pricing may apply; visit bell.ca/rateplans for details. **(2)** Based on total square kms of coverage on the shared LTE network available from Bell vs. Rogers LTE network. See bell.ca/LTE for details. **(3)** Based on comparison of the shared LTE network theoretical download speeds of up to 75 Mbps (expected average download speeds 12-25 Mbps) vs. the enhanced shared LTE network theoretical download speeds of up to 110 Mbps (expected average download speeds 14-36 Mbps). Actual speeds may vary due to topography, environmental conditions, device type and other factors. **(4)** Available with a Bell TV and Bell Mobility post-paid plan with the Mobile TV add-on. Mobile TV includes 10 hrs./mo.; $3/hr thereafter. Content and channels subject to change without notice and blackout periods may apply. Select live channels and on demand programming from your Bell TV subscription are available and content viewed over Wi-Fi at home may vary and will count towards your monthly Internet data usage. See bell.ca/tvanywhere. Apple and iPhone are trademarks of Apple Inc.

It was a cruel summer at the box office

Movie ticket sales. Record-low revenues have been blamed on fewer big films, binge-watching TV

RICHARD CROUSE
scene@metronews.ca

Despite some massive openings, this summer saw box-office ticket sales tumble to an eight-year low. ISTOCK

Words like "disappointing" and "dismal" among others beginning with the letter "d" have been used to describe the summer's box office yield.

In movieland, the summer season is defined as the first Friday in May through Labour Day Weekend, a period that, this passed summer, saw box office revenues fall to an eight-year low, down 15 per cent from 2013, according to recently released stats.

There were some very big hits — Guardians of the Galaxy, and Transformers: Age of Extinction — but even their multi-million dollar grosses weren't enough to compete with last year's $4.75 billion overall take.

"We've seen this before," says Michael Kennedy, executive vice president, filmed entertainment at Cineplex. "Right now, everybody's binging. After a while they will get tired of binge-watching TV and say, 'I'm really tired of being in my house. I want to go out.'"

Kennedy adds that the summer slump could also be attributed to several high-profile absences.

"Pixar was originally scheduled to go in the summer with a film that got moved back, and Fast and Furious was supposed to go but after Paul Walker's accident they moved the movie back and nobody replaced it. One or two movies move and millions disappear."

So how does it work? How do studios and distributors determine a release schedule? Danish Vahidy, Mongrel Media's director of marketing, says studios put "down the tent pole for flagship properties one, two or sometimes three years in advance. With the success of sequels, studios feel more secure planning in advance for franchises rather than an unknown entity."

That means the wannabe blockbusters from this summer — the X-Men, Godzilla and Teenage Mutant Ninja Turtles et al — probably had release dates attached to them before Prince William walked Catherine Middleton down the aisle.

Kennedy says counterprogramming is one of the keys.

"They look at what everybody else does and if they see a Fast and Furious sitting on the second week of July and they have an action movie, they're staying away from that weekend."

Mongrel Media took a risk and counterprogrammed a movie that went on to become one of their biggest hits of the summer. "Boyhood was released in July as the summertime nicely captured the notion of childhood set in the film," Vahidy says.

"It was also a great way to counter program with the Hollywood blockbusters and offer movie goers a smart original film as an option."

The critically acclaimed film was aimed at a different audience than the other two big releases that week, Disney's kid friendly Planes and the raunchy Cameron Diaz comedy Sex Tape.

"That move paid off for us as Boyhood is one of our most successful releases ever with a theatrical box-office of over $2.3 million in Canada and growing."

So why didn't it work for the big releases this summer? Suggested reasons for the downturn range from a lack of family movies, which traditionally pull in big numbers, too many sequels and superhero movies and even divided attention from the World Cup.

Kennedy adds one more reason: "Everybody has busy lives," he says.

"The one thing we've always found is that people always come back. It's not the price of the movie ticket or the popcorn — it's putting aside the time to go. People want to go out and we offer the most affordable out-of-home experience there is."

Quoted

"It's not the price of the movie ticket or the popcorn — it's putting aside the time to go."

Michael Kennedy, executive vice president, filmed entertainment at Cineplex

A role model without ego, both on and off the screen

Movies. Like her character, Hunger Games star Lawrence remains humble about being in the spotlight

MATT PRIGGE
Metro News in New York City

Jennifer Lawrence is an unusual kind of shy. She's clearly uncomfortable with praise, especially fake praise, and is the first person to make fun of herself. At the same time she's not hesitant, even enthusiastic, about sharing her self-deprecation.

It's a shtick, but a sincere shtick, if one she's gotten better at controlling.

But she can still be a loose cannon. One minute she'll be goofily oversharing about a time they shot a scene in a pretty meadow ("I got a selfie of me peeing in it!"). The next she's cryptically honest: "It's certainly a blessed life. But there are also sacrifices. I get to do what I love, but there's a downside to every job."

At a recent media event with other Hunger Games actors, Lawrence gets the most questions, even ones she's not totally comfortable fielding. She's asked about the politics of the series, especially the depiction of revolution from within the rebel bunker, led by the vaguely sinister President Coin.

"Katniss is representing the consequences of war," she says. "It's not that she doesn't believe in what President Coin wants. It's not that she doesn't believe the Capitol is a terrible government that's only good for the 1 per cent. But war is complicated. It affects everyone on both sides. There's no right way to start or end a war. I don't know."

Another cast member, Natalie Dormer, tries to summarize Lawrence's world view.

"Jen was saying that Katniss doesn't have any ego. Neither does Jennifer Lawrence," Dormer says. "Jen has a reputation as a role model. So does Katniss Everdeen. But (Lawrence) can't comment on that reputation herself, because by her very nature, she wouldn't."

Friends for real

Jennifer Lawrence says the Hunger Games cast and crew are like family, and her best friends are fellow stars Josh Hutcherson, who plays Peeta, and Liam Hemsworth, who plays Gale.

"I would never have expected to have a man this good-looking be my best friend," she says about Hemsworth. "He taught me how to be fair and to stand up for myself. My biggest weakness is negotiating with people. I'm a wimp about standing up for myself. He's really good at making sure everything stays fair. I used to let people walk all over me. He taught me to toughen up."

Jennifer Lawrence plays Katniss Everdeen in the Hunger Games. CONTRIBUTED

Canadian Investors Buying American Dream

5 Reasons Canadians should invest in the US Right Now

1. Interest rates are still low—<u>for now</u>, especially on hard money and bridge money used for investors to buy Real Estate without credit and little to no money of their own. This has been a big change from less than 5 years ago when this type of money all but dried up.
2. <u>There's more Inventory than ever before</u>. It's a buyers' market. People in the US are almost giving houses away to avoid foreclosure and rising upkeep costs, and because of American industry downsizing.
   "Inventories are at their highest level in over a year, and price gains have slowed to much more welcoming levels," said Lawrence Yun, Chief Economist at the National Association of REALTORS®.
3. Home Prices Are Going Up. With this influx of money demand is increasing DAILY!
   "Attempting to buy a home when the market is at its lowest point — or to sell at the peak — is tricky, but can be done with the right training and information" said Jonathan Black, Chief Economist
4. Rents are sky-high, nationwide – rising at a 4% annual rate.
5. Employment is on the rise, which means that more Americans will be able to invest in US properties again soon. NOW IS THE TIME TO GET AHEAD!

Up to $200,000 in transactional funding

150K+ PROFIT FIRST DEAL!

Here's what you are missing if you DON'T act NOW!

House in Orlando, FL
Sold for $170,000 in 2006
NOW ONLY $59,900

House in Greeneville, NC
Sold for $93,250 in 2006
NOW ONLY $36,500

House in Mobile, AL
Sold for $185,500 in 2007
NOW ONLY $84,500

NOW Let's Put up to 20K in Your Pocket This Month!

One of the leading groups buying this valuable property is Canadian investors. Canadian investors – from large corporations to individuals – are literally stealing US properties **<u>at prices up to 70% off from 5 years ago</u>.**

The US real estate market has gone from near terminal to the next gold rush almost overnight. And like no time be-fore in history, the gold is being mined by foreign investors, especially Canadians. Acting now, Canadians are rushing full speed ahead to take advantage of these great deals.

You don't any need any cash of your own, you don't need any credit and NO experience is needed. All you need to do is attend this life changing event by registering right now. **<u>Seating is limited and only those who have registered are guaranteed a seat</u>.**

When you spend 90 minutes with our Real Estate specialist you will understand the once in a lifetime opportunity you are being presented. This is a chance to own Real Estate in the US at never before seen prices for QUALITY PROPERTIES! ***<u>But you must register today</u>!*** Learn how to access US properties at huge discounts, and how to finance an income-producing property to create instant and long term cash flow.

Presented by at Will Events

ATTEND THIS FREE SEMINAR and learn how to create instant cash flow

< Receive our Special Report, *"Investing in the US and Creating Generational Wealth"*

VANCOUVER	RICHMOND	BURNABY	N. VANCOUVER
Wednesday, December 3	**Thursday, December 4**	**Friday, December 5**	**Saturday, December 6**
12:00 pm or 7:00 pm	12:00 pm or 7:00 pm	12:00 pm or 7:00 pm	10:00 am or 3:00 pm
The Fairmont Vancouver Hotel	**The Fairmont Vancouver Airport Hotel**	**The Delta Burnaby Hotel & Conference Ctr**	**The Lonsdale Quay Hotel**
900 W Georgia Street	3111 Grant McConachie Way	4331 Dominion Street	123 Carrie Cates Court

Register NOW by calling 1-800-729-1989

OR go to <u>AtWillEvents.com</u> and reserve your seat today

© 2014 At Will Events. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.

Edgewater Casino
DOWNTOWN VANCOUVER
HOLIDAY CASH & CAR GIVEAWAY
NOVEMBER 1 - DECEMBER 16
ONLY AT EDGEWATER CASINO
WIN $1,000 CASH AT 8PM AND 9PM EVERY TUESDAY!
GRAND PRIZE CAR DRAW DECEMBER 16 | 9PM
DOUBLE BALLOT MONDAYS!
IN ASSOCIATION WITH: Marine
*Car awarded may not be exactly as shown.
**Double ballots earned on Monday will be available the next day.
Management reserves the right to cancel, amend or change promotions at any time without notice.

CA$H IN AT EDGEWATER CASINO
NOVEMBER 23 – DECEMBER 31
OVER $75,000 IN CASH PRIZES AVAILABLE!
EVERY HAND PAID JACKPOT WINNER RECEIVES AN ADDITIONAL CASH PRIZE OF UP TO $1,000!*
WEEKLY BONUS DRAWS EVERY WEDNESDAY AT 11AM**
RECEIVE ONE FREE BONUS BALLOT EVERY DAY FROM GUEST SERVICES
Management reserves the right to cancel, amend or change promotion at any time without notice. *While quantities last.
**Winner does not have to be present to win. Winners will be contacted immediately and will have 72 hours to claim their prize.

2014 VANCOUVER ROAR ON THE SHORE
102ND GREY CUP FESTIVAL
SUNDAY, NOVEMBER 30
AT THE PLAZA OF NATIONS
11AM TO 9PM
Edgewater Casino DOWNTOWN VANCOUVER
EDGEWATERCASINO.CA
EDGEWATER CASINO
GREY CUP FESTIVAL
TAILGATE PARTY
HOSTED BY THE GREEN MARKET GROUP
NINE FOOD TRUCKS ✦ BEER GARDEN
LIVE BANDS ✦ FACE PAINTERS
BALLOON ARTISTS
WATCH THE GAME ON THE BIG SCREEN
PRIZES EVERY HOUR FROM 11AM TO 3PM
PLUS AT 2:30PM
WIN A PAIR OF TICKETS TO THE BIG GAME!
VISIT THE EDGEWATER TENT TO ENTER
750 Pacific Boulevard S., Vancouver
Across from BC Place | edgewatercasino.ca
Edgewater Casino, Vancouver
@CasinoEdgewater
bclc Know your limit, play within it. GameSense 19+

New soap, old character: Miller finds a funny side

Television. Billy Miller puts his own spin on longtime Jason Morgan character on General Hospital

Billy Miller earned three Daytime Emmy Awards for his role on The Young and the Restless. He is now on General Hospital. THE ASSOCIATED PRESS FILE

So far, playing a recast character has worked to Billy Miller's advantage.

He was the fourth actor to play Billy Abbott on CBS' The Young and the Restless, and earned three Daytime Emmy Awards. Now, the 35-year-old is playing Jason Morgan on ABC's General Hospital (airing weekdays at 3 p.m. ET).

Steve Burton played Jason for 20 years until 2012, when the character was presumed dead. Recently, Jason was hit by a car, wiping away his memory (and giving Miller a clean slate to work with in the role).

"It would be ridiculous for me to mimic (the way Burton played him)," Miller said in a recent interview.

What he's brought to the character so far is levity. His version of Jason (or Jake, as he goes by now) smiles and jokes.

"It's more fun in this genre whenever you can add some lightness to it or make it funny. You don't get a lot of room for that, so I usually look for it. It's a scary position for this guy who is so lost and doesn't know who he is, (so) you match that with a little bit of humour," he said.

However, Miller looks forward to the day when Jason's past collides with his present.

"It really does offer up some great storylines if we decide to go there. I really hope that's how we explore this, because I feel like that might be more my strength," he said.

He's also looking forward to interacting with other GH stars, such as Maurice Benard and Roger Howarth. He's particularly interested in working with longtime star Anthony Geary, saying, "I can't wait for that acting class."

Miller left Y&R early this year. It was soon rumoured that he would take over the role of Jason.

"It was entirely premature. I was fortunate enough to have considerable options," Miller said.

He was able to largely block out the chatter because he doesn't use social media.

"Every girlfriend I've ever had, our first major fight that we had started off with a text that I thought was funny. Sarcasm clearly doesn't work in print, unless you put those little emoticons in there, and I'm way too old to have to use emoticons," he joked.

General Hospital has several hiatuses throughout the year, giving actors time for other projects if the schedule allows. Miller has upcoming roles on TNT's Major Crimes and USA's Suits.

"I've always thought the bigger your body of work, the more you're able to survive for a longer time," he said.

THE ASSOCIATED PRESS

Quoted

"It's more fun in this genre whenever you can add some lightness to it or make it funny. You don't get a lot of room for that, so I usually look for it."

Actor Billy Miller, on the humorous bent he's added to his character on General Hospital

Rapper T.I. signed and mentored Iggy Azalea, and says he sees the young star as his little sister. GETTY IMAGES FILE

T.I. to Iggy: Count your money

Music. Rapper has lots of hard-won wisdom to share when it comes to dealing with adversity

It's still hours before T.I. will be flowing like silk onstage in Toronto, but the Atlanta rapper has already found a verbal momentum that seems impossible to interrupt.

Sipping a Heineken in his hotel room prior to a recent club show (which was granted a cameo by admirer Drake), T.I. is discussing how protege Iggy Azalea has thrived and thus absorbed the scrutiny of ubiquity, both from peers (Nicki Minaj and Snoop Dogg) and beyond (the Internet).

Asked how he advises her to deal with such feedback, Tip gets on a roll.

"I'm going to be biased, because I see her as my little sister," he said of the Fancy rapper, whom he signed and mentored. "I just know that for that kind of upside, you have to have some sort of negativity stitched in there somewhere.

"And if opinions and criticism from people who have no real effect on your life, if that's all you got to deal with, then I think we have other more pertinent things to worry about." He pauses, for effect, then adds with a laugh: "Like, 'What we are going to do with all this money?'"

After the punchline his pace quickens, and he raps his fist on the coffee table to punctuate his points.

"I try to tell her like that, man. Whenever you don't like something somebody said, just ask yourself: 'What am I going to do with all this money?'

"I try to rationalize it to her like that. But little sis is little sis, and she has her views and opinions and approaches to things. I respect her and support her, man, just because I know she's a good person at heart. I know that she has done nothing to harm or disrespect or do anything bad to anyone intentionally."

He curses, drawing and drawling it out, then adds: "Obviously I know that anybody, if they was thrust into the position that she has been in such a short period of time, it takes time adjusting."

And just like that, the T.I. train chugs back into the realm of his own experience.

Born Clifford Harris Jr., T.I. signed his first record deal as a teenager, released his debut album, I'm Serious, at age 21, and scored his first hit at 22 with the platinum-selling follow-up album Trap Muzik.

His velvet-plush flow smoothed the rougher edges of his street storytelling, and that talent for straddling grit and gloss only became more evident on the hit albums that followed. His latest album, Paperwork, is his ninth.

"It's crazy how old an artist can get," marvelled the rapper, 34. "That makes me seem so old."

Of course, T.I.'s high-flying career was often grounded by his tumultuous personal life.

As a teen, he dropped out of high school, sold drugs and tangled with the law. His legal issues didn't end there. He was arrested in 2007 and eventually served 11 months in an Arkansas prison on federal weapons charges.

Creatively, the sad saga inspired the introspective hit parade Paper Trail (written under house arrest), but it also dashed his once-considerable momentum.

"All the twists and turns and ups and downs and starts and stops, they've been a gift and a curse for me," he said. "You accept — or endure — the consequences that come with bad decisions."

"However it makes for a story that — I mean, I haven't seen one similar to it. Aside from maybe Tupac. But it's just been so much adversity riddling these 13 years. And I think every time you're in the low part of it — being downtrodden and everyone looking down on you — it inspires you in a very creative way."

The personal setbacks are perhaps more surprising when contrasted with a creative sensibility that leans toward risk-aversion. His career is all workmanlike consistency, his personal life plagued by tumult.

His creative dependability has helped him cleave serious industry influence, and increasingly he's recognized as a wizened elder of the genre.

At the show in Toronto, Drake emerged unannounced to provide both a three-song medley and the awed testimony of someone who has benefited from T.I.'s insight.

"I would not be where I am in my career without this man," Drake announced. "This guy gave me one of the most important talks of my life at one of the most important times in my life."

THE CANADIAN PRESS

Quoted

"All the twists and turns and ups and downs and starts and stops, they've been a gift and a curse."

Rapper T.I., on the effect his legal issues have had on his musical career

INGLEDEW'S FALL
BOOTOPIA
EVERY
BOOT
ON SALE
At Ingledew's it never hurts to look good. And during our Bootopia Sale, it never hurts to save on some of the most stylish boots in the city, either.
INGLEDEW'S
535 Granville St • Oakridge Centre • Park Royal North
Richmond Centre • Brentwood Town Centre (Clearance)

Cryptic Cosby tweet not from Lisa Bonet

With the frenzy that's cropped up around Bill Cosby and the growing number of women accusing him of sexual assault over the years, the Internet is hungry for commentary from anyone who has worked with him. Perhaps overly hungry, because everyone was a little too quick to believe former Cosby Show star Lisa Bonet was tweeting about her old boss. "According to the karma of past actions, one's destiny unfolds, even though everyone wants to be so lucky," a tweet from an account claiming to be Bonet's read. "Nothing stay in the dark (forever)." Here's the thing, though. Bonet isn't actually on Twitter. "Lisa Bonet has no social media of any kind," her manager tells People magazine. "Any posts made in her name were made by impersonators with unverified accounts. She also has no comment on the ongoing story."

Lisa Bonet ALL PHOTOS: GETTY IMAGES

CWY JCM
Spend 6 weeks overseas volunteering in one of our partner countries.
Join a group of young Canadians on an unforgettable adventure. Work together, escape your comfort zone, and face the challenges and opportunities of the Youth Leaders in Action program.
YOUR JOURNEY. YOUR CHALLENGE. YOUR STORY.
DON'T MISS OUT ON THE OPPORTUNITY OF A LIFETIME.
SEE THE WORLD. MAKE AN IMPACT. APPLY NOW.
www.canadaworldyouth.org | 1-866-786-9243 | recruitment@cwy-jcm.org
Canada World Youth
@cwyjcm

JINGLE BELL
Jackpot
$65,000
HOLIDAY GIVEAWAY
NOVEMBER 19 TO DECEMBER 18
RING IN YOUR HOLIDAY
WITH EVERY ENCORE REWARDS SWIPE FOR YOUR CHANCE TO WIN DAILY PRIZES!
$2000 DAILY
IN INSTANT PRIZES!
NOT AN ENCORE REWARDS MEMBER YET? SIGN UP AT GUEST SERVICES FOR A BONUS $10 FREE PLAY!
RiverRock CASINO RESORT
VISIT RIVERROCK.COM/HOLIDAY
8811 RIVER ROAD, RICHMOND, BC
bclc
Know your limit, play within it. GameSense
19+

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Katy Perry trumps AMAs with Super Bowl gig

NED EHRBAR
Metro in Hollywood

The NFL has confirmed rumours that Katy Perry will be taking the stage for the next Super Bowl halftime show, taking place Feb. 1 in Glendale, Ariz. Perry got in on the announcement action with a video discussing various ideas for the show in her "testing facility," including kittens and edible glitter.

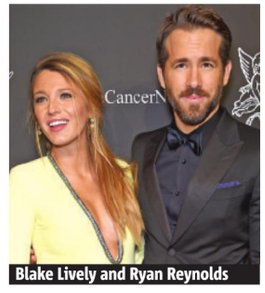
After recent years featuring Madonna and Beyoncé, it will be interesting to see what Perry can bring to the ridiculously high-profile gig — and what Illuminati references conspiracy theorists can glean from it.

Still unclear, though? Whether tour director Baz Halpin is risking the ire of Taylor Swift by working with Perry on the show. I'm thinking he maybe didn't take Swift's alleged threat too seriously.

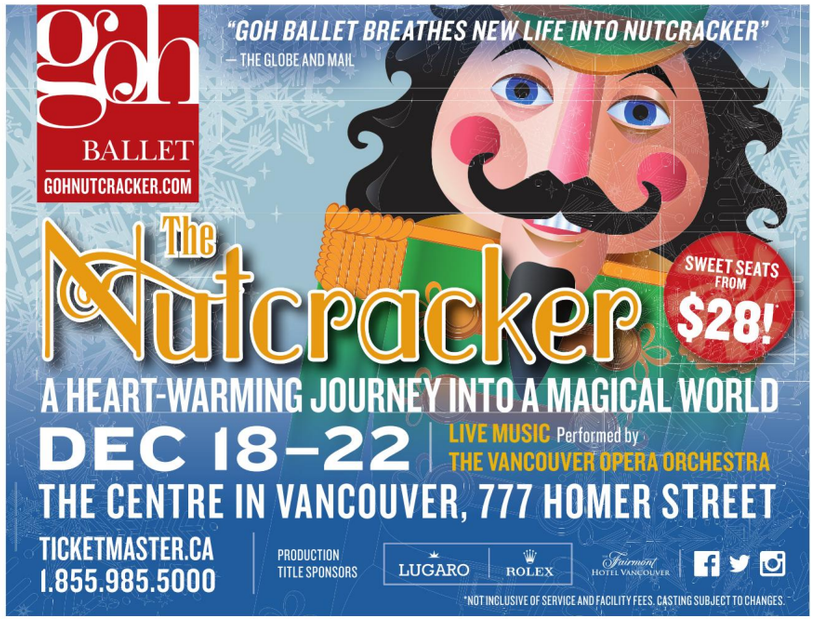
Also, way to go on Perry's part for managing to steal plenty of focus during the American Music Awards despite not actually being there.

Um, Ryan, that's no way to sweet-talk your baby

Blake Lively is currently gestating her first official release with husband Ryan Reynolds, and the father-to-be could not be more excited — mostly because he could use a friend, as it turns out. "I'm just excited about having a buddy. We don't know if it's a boy or a girl yet, but whatever it is, you have this tether to reality that never goes away," he tells People magazine. Tether to reality? That never goes away? I mean, that's a lot of responsibility to put on one kid.



Blake Lively and Ryan Reynolds



Because I'm happy...

With the sun setting sooner and the cold days of winter around the corner, here are six ways to boost your mood

EMILY LAURENCE
Metro in NYC

Is seasonal affective disorder (SAD) setting in? There are ways to combat it. ALL IMAGES ISTOCK

Complex carbs

You are what you eat. If you just got dumped, for example, the instinct is to raid the corner store for mac 'n' cheese and easy-bake brownies. But foods like white bread, pasta and fats cause your blood level to rise and then drastically drop — not a good feeling. If you fill up on veggies, brown rice and whole grain foods, the nutrients will be absorbed more slowly, so you won't get crazy highs and lows.

Ginseng tea

This natural herb releases endorphins in your brain, while the act of sipping tea will add some peace into your life. According to naturalsociety.com, ginseng was used to treat schizophrenia back in the sixth century and naturists are still using it to help lift moods. If your job is stressing you out, keep some ginseng tea handy and you'll feel a little less wound-up.

Upbeat songs

If you're listening to Radiohead or some new band with depressing lyrics, stop. A study conducted at the University of Missouri found that if you listen to happy, upbeat music with the intention in mind of making yourself feel happier, it can actually work. The key is the mindset. Those who participated in the study and listened to upbeat music without having a purpose really just felt the same.

Work out with a friend

It's common knowledge that exercising is a great way to get those endorphins pumping, but what many don't know is that the effect is compounded when you work out with a friend or in a group fitness class, according to a study done by the University of Oxford. Researchers found people working as a team were happier after exercising than people working out solo.

Get creative

Whether it's writing, painting or dancing, embracing your creative side has been shown to lift your mood, a study conducted by Boston College found. If you aren't into that sort of thing, try journalling — it produces the same results. One way is to keep a gratitude journal. Every night, list five things you are worried about and five things you are thankful for. In a couple months, you'll be able to flip back and see that some of your worries later land on the thankful side.

Fake it for now

Studies have shown that it's beneficial to have people in your life you can share your problems with, but there's also something to be said for faking it. "We become how we act," says Christopher Peterson, PhD and author of A Primer In Positive Psychology.

Put on clothes that you feel confident in, smile when you don't feel like it, laugh at jokes that aren't that funny, and soon you'll be able to stop faking it because you'll actually be as happy as your acting.

BROUGHT TO YOU BY: AHMADIYYA MUSLIM JAMA'AT Canada

UBC ROBSON SQUARE (DOWNTOWN)

WEDNESDAY, NOV 26, 2014 6:30 PM - 8:00 PM 800 ROBSON STREET, VANCOUVER, B.C. V6Z 3B7

IT'S TIME TO TAKE A STAND

STOPTHECRISIS

A RIVETING, EYE-OPENING LOOK AT COUNTERING RADICALIZATION

STOPTHECRISIS.CA

FOLLOW US:
@STOP_THE_CRISIS
/STOPPINGTHECRISIS

COMPLIMENTARY REFRESHMENTS

CONTACT US:
1-877-994-7526
INFO@STOPTHECRISIS.CA

FREE ADMISSION

RSVP REQUIRED

Freeze Time - Reverse Aging !

Venus Freeze

The most advanced thermal-magnetic solution for pain-free treatment of Cellulite & Wrinkles, Body Contouring & Skin Tightening on the Face, Neck & Body!

FDA & Health Canada Approved

ANY 30 minute appointment on ANY Body Part

1st Treatment Only $99 (regularly $275)

* One per client. 30 min appointment includes 20 min treatment. Multiple treatments required for optimal results.

604-255-2737
www.ElectraLaserHairRemoval.com

ELECTRA LASER
HAIR REMOVAL & SKIN REJUVENATION EXPERTS

L12 - 955 Hornby St. Vancouver

Are you having
BREAST REDUCTION SURGERY?

To participate or for more information contact:
Dr. Kristin Campbell
604-827-1914 • cep.lab@ubc.ca

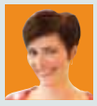
This study will be one of the first to look at how lifestyle impacts breast tissue directly. The information from this study will play an important role in helping to better understand the link between lifestyle and breast cancer risk. Participants must be planning to have breast reduction surgery. Participants will complete two visits prior to surgery, and complete two questionnaires at home. Compensation will be provided to reimburse for parking expenses.

a place of mind THE UNIVERSITY OF BRITISH COLUMBIA

BC Cancer Agency CARE • RESEARCH

Health Solutions

Freeze with total ease



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Double-duty dinners are lifesavers, but they have to be simple to make ahead and freeze for those last-minute emergency weeknight meals.

Some foods don't freeze well; the secret is really in the water content. As water freezes, it expands, and the crystals poke the cell walls, causing frozen fruits and vegetables to become mushy on thawing. They are still usable and nutritious but don't have the same texture as you would expect when they are fresh.

Here are freezing tips.

• When making soups, stews or curries, double the batch, fully cook and store in single serving sizes for quick, safe freezing and reheating.

• Do not freeze: lettuce, cooked eggs or cheeses under 35% milk fat (MF). All will suffer texturally.

• Wrap fish cakes or vegetable/bean burger patties tightly in plastic and do not thaw before pan frying. This will minimize the potential for sogginess. Use medium-high heat on the stovetop and pop onto a baking sheet making sure there is space between each patty and then into a warm oven to heat.

• Reheat any frozen dish thoroughly and only once to avoid food-borne pathogens.

• Pancakes are great frozen with layers of wax paper and then popped in the toaster, but avoid using fruits like blueberries or bananas that can give off water and drip into the toaster. Think about using pancakes in a savoury way by adding goat's cheese and bacon.

Anything worth making is worth making twice as much. Or half the time. Or something. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND AT MYFRIENDINFOOD.COM**

Fusion of sweet and savoury

Pan-fried Mango Fish Cakes. These bites use your choice of fish fillet and are topped with sweet fruit

This recipe serves eight. THERESA ALBERT

Ingredients

- 2 cups frozen mango
- 1/2 cup mango chutney
- 6 small Yukon gold potatoes
- 2 green onions
- 4 cloves garlic, minced
- 1 tbsp salt
- 4 fish fillet (about a pound), frozen (sole, tilapia or whitefish)

Coating

- 2 tbsp cornmeal
- 1/2 cup bread crumbs
- 1 tbsp curry powder
- Bean or pea sprouts for garnish

1. Allow mango to thaw. Mix with chutney, set aside.

2. Bring pot of water to a boil while you scrub (but not peel) potatoes and chop into quarters. Rinse green onions well under cold running water and chop, then set aside.

3. When water boils, add potatoes, garlic, salt and bring back to the boil, simmer 15 minutes.

4. Add fish in frozen pieces when potatoes are soft enough to be poked with a knife. Simmer for 5-6 minutes just to cook through. Add chopped green onions for final minute.

5. Mix cornmeal, bread crumbs and curry powder on a plate, ready to roll a crust for the potato patties.

6. When fish is cooked, drain water, and mash fish mixture with a hand masher or with a hand-held wand until soft, but not smooth.

7. Place 3-4 large pieces of foil on the counter and drizzle or spray with oil for freezing.

8. Form medium round patties with a 1/2 cup (a handful) of the potato mixture. Roll in bread crumb mixture, place on foil, spray tops and fold foil over. Either fry in a skillet now or place in freezer up to 3 weeks.

9. To cook: Preheat a large skillet over medium-high heat and drizzle or spray with oil, Add 2-3 patties at a time and let brown on one side before turning carefully. Place onto a baking sheet and into a 375 F oven to heat through.

10. To serve, top with mango and sprouts. **THERESA ALBERT OF MYFRIENDINFOOD.COM**

TORONTO2015 TORCHRELAY
PRESENTED BY
TORONTO 2015 Torch Relay for the Pan Am Games
May 30–July 10, 2015
CELEBRATE AND SHARE
THE PAN AM SPIRIT IN RICHMOND
Deadline to apply is December 1, 2014 at 11:59 p.m. (ET).
TORONTO2015.org
#CelebrateAndShare
Fast Facts
• 41 days
• 3,000 torchbearers
• More than 130 communities
• 5,000+ km on the road
• 15,000+ km in the air
National Cities
Richmond, Calgary, Winnipeg, Montreal and Halifax
Celebration Communities
TORONTO — Host City
DISCLAIMER
For a complete list of torchbearer guidelines and contest rules, visit TORONTO2015.org. This torch relay route map was created September 2014 and is subject to change.
Pan Am TORONTO 2015
ODEPA O PASO
COMMUNITY PARTNER
CIBC
FUNDING PARTNERS
BAILLEURS DE FONDS
Canada
Ontario

‘He was a real mentor’

Pat Quinn. Members of famed 1994 Canucks team share fond memories of coach

CAM TUCKER
cam.tucker@metronews.ca

When Trevor Linden took the job as president of hockey operations for the Canucks, it was new territory.

He had been involved in business since retiring as a player in 2008, but had remained away from hockey until he was brought in to restore the credibility of the franchise following a tumultuous 2013-14 season.

Linden sought Quinn’s perspective as he began the task of re-shaping the Canucks.

“For me, he was a real mentor,” said Linden.

“Obviously I have a lot of respect for his overall hockey knowledge. I talked to him a lot. Back in the spring, I knew his health wasn’t well and he was struggling a little bit, but we spoke regularly. So much experience, right? He had a lot of years to fall back on.”

Linden and Kirk McLean visited Quinn in hospital on Friday, sharing stories from the past. Quinn didn’t look well but still had that Irish stubbornness, said Linden.

There are plenty of memories of a loyal man but a competitor with a presence.

“We were in Winnipeg, this was a regular-season game and we were getting beat going into the third period and not playing very well,” said McLean.

“He came in and he always started off very soft-spoken with his speeches. The blood started to boil, you could see it and guys were like, ‘Oh no, here it comes.’

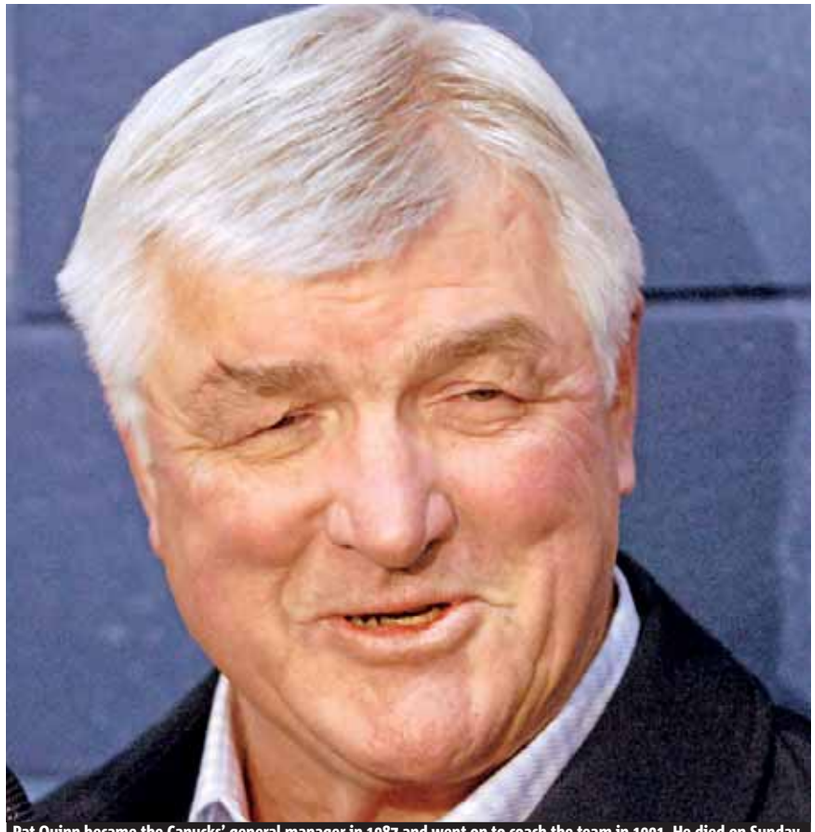
“At that time, in the old Winnipeg arena, we used to put the Gatorade (bins) in the middle of the room. He gave one a forearm shiver that was full, and it went right across the table and spilled all over. Ice flying everywhere and everybody was just staring at him. He walked out the door.

“Needless to say, we go out and win the hockey game after that.”

While Quinn was feared and intimidating — never “belittling,” said Linden — a constant theme was how much he cared about his players.

McLean said Quinn was like a second father to him.

“He really did teach you about the game of hockey but he also taught us about the game of life.”



Pat Quinn became the Canucks’ general manager in 1987 and went on to coach the team in 1991. He died on Sunday night. TORSTAR NEWS SERVICE FILE

Quoted

“He really did teach you about the game of hockey but he also taught us about the game of life.”

Kirk McLean, former Canucks goalie, on Pat Quinn

Analysis

Bringing respectability to the Canucks

The pinnacle of Pat Quinn’s time with the Vancouver Canucks was the 1994 Stanley Cup playoffs.

That team pulled off an incredible comeback in the first round against Calgary, winning the final three games in overtime to advance, and came within one win of its first championship in franchise history.

The journey back to relevancy for the Canucks in this market started well before that, when Quinn took over the general manager duties in the 1987-88 season. He drafted Trevor Linden and instilled a new culture.

“I was here in the 80s, playing, and Pat Quinn was the gentleman that changed this organization around,” said Stan Smyl, now a senior advisor to the general manager with the Canucks.

“We never got the respect from back east that we should have — until Pat came in. How he did that, was bringing in individuals that were going to work and at the end of the night, the fans respected the work ethic of the players and you get your wins from there.

“He took no crap from the people back east. He stood up for his teammates, he stood up for the owners of the organization and he stood up for people of B.C., the fans here, and that was Pat.”

Pat Quinn’s biggest hockey moments

- **Jan. 29, 1943:** John Brian Patrick Quinn is born in Hamilton.
- **1968:** Makes NHL playing debut with the Toronto Maple Leafs. Went on to play with the Canucks and Atlanta Flames before retiring due to ankle injury.
- **1980:** As head coach, Flyers amass a record-setting 35-game undefeated streak, Quinn leads the them to the Stanley Cup final before losing to the New York Islanders.
- **1987:** Joins the Vancouver Canucks as president and GM. Took on additional role of head coach in 1991.
- **1994:** Coaches the Canucks to the cup final only to be denied by the New York Rangers.
- **1998:** Named head coach of the Leafs. Led club to Eastern Conference finals in 1999 and 2002.
- **2002:** As head coach, Quinn leads Team Canada to an Olympic gold medal in Salt Lake City.
- **2004:** Quinn coaches Canada to gold in the World Cup.
- **2006:** With Quinn back at the helm, Canada fails to make the podium at the Turin Olympics.
- **2009:** Canada wins gold at the world junior hockey championship with Quinn behind the bench. Canada hasn’t won gold since.
- **2009:** Edmonton Oilers hire Quinn as new head coach. He stays for only one season.

THE CANADIAN PRESS

Memories from those Quinn touched

“One of my favourite Pat Quinn moments was him in tears on our bench after winning gold in Salt Lake. He said women inspired the men. #patsbench”

Hayley Wickenheiser, six-time Olympian in women’s hockey (on Twitter)

“He had a presence in the dressing room that demanded respect and had a way of talking and getting the guys ready for each game that really got the best out of the teams that he coached.”

Mats Sundin, former Maple Leafs captain

4 SPORTS

Another victory down to the wire

Last-minute thriller. Raptors put fans on edge against Suns at home to tie best NBA record with Grizzlies

The final nail-biting minute of the Toronto Raptors' win over the Phoenix Suns on Monday saw a couple of huge offensive rebounds and a Kyle Lowry steal that saw the point guard go sprawling to floor like a football player for the umpteenth time of the night.

It wasn't pretty, but it did the job. And it vaulted the Raptors into a tie with the Memphis Grizzlies for the best record in the NBA: 12-2.

"Again, we found a way," said Raptors coach Dwane Casey.

"One night it's free throws, one night it's jump balls, one night it's steals, one night it's rebounds … or one night it's going to be rebounds," Casey said to laughter from the media (Toronto was out-rebounded 42-37). "It's a growth that we're having, is finding ways to win."

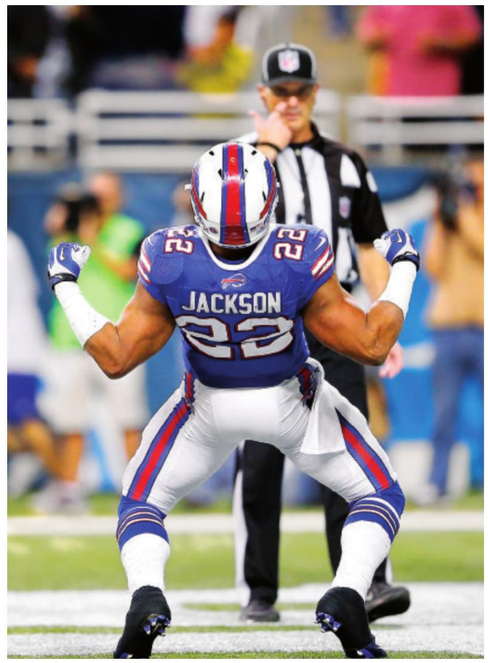
Jonas Valanciunas led the Raptors with 27 points Monday night. THE CANADIAN PRESS

On this night it was Jonas Valanciunas, who scored a career-high 27 points and hauled down 11 rebounds in the Raptors' 104-100 victory over Suns. DeMar DeRozan added 23 points for the Eastern Conference-leading Raptors, who stretched their winning streak to five games.

Lou Williams, named the Eastern Conference player of the week earlier in the day, added 17, and Lowry — who was at his scrappy best, prompting chants of "M-V-P!" from the Air Canada Centre crowd — finished with 14 points, eight assists, and seven rebounds.

"Each night it's going to be a different story, and each night there is going to be a different star of the story, and tonight it was JV," Casey said of Valanciunas.

The Raptors led for much of the night against a Suns team that had won four straight, and took an 81-66 advantage into the fourth quarter, quickly stretching it to 17. THE CANADIAN PRESS



Bills buffalo Jets in Detroit

Fred Jackson of the Buffalo Bills celebrates after scoring a touchdown against the New York Jets on Tuesday in Detroit. The Bills dominated the Jets in a 38-3 victory. The game was transferred from Buffalo, N.Y., due to the massive snowstorm last week. LEON HALIP/GETTY IMAGES

Canucks

Hansen gets his first star of the week award

Vancouver Canucks forward Jannik Hansen's goal-scoring outburst has earned him NHL first star of the week honours.

Jansen scored five goals in three games last week, including his first career hat trick Sunday over Chicago.

Hansen converted on 71.4 per cent of his shots (5-of-7) to power the Canucks (14-6-1, 29 points) to five of a possible six points last week. THE CANADIAN PRESS

MLB

Sandoval leaves San Fran behind

Kung Fu Panda is moving to Boston.

Free agent third baseman Pablo Sandoval and the Boston Red Sox have agreed to a multiyear contract and the switch-hitting slugger informed the San Francisco Giants he's leaving. THE ASSOCIATED PRESS

INTRODUCING CHEVROLET SIGN&DRIVE* x LEASE
ON SELECT 2015 MODELS
FALL BONUS ELIGIBLE OWNERS RECEIVE UP TO $1,500††
$0 DOWN PAYMENT
$0 FIRST TWO BI-WEEKLY PAYMENTS
$0 SECURITY DEPOSIT
$0 DUE AT DELIVERY

2015 EQUINOX LS
FWD STARTING FROM $27,485 OR STEP UP TO
INCLUDES $750 FALL BONUS†† FOR ELIGIBLE OWNERS, FREIGHT & PDI.
AWD LEASE PAYMENT FROM $157 AT 0.9%
BI-WEEKLY LEASE FOR 48 MONTHS^ WITH $0 DOWN. BASED ON A LEASE PRICE OF $28,585. INCLUDES $1,000 LEASE CASH, $750 FALL BONUS††, FREIGHT & PDI.

- ONSTAR WITH 4G LTE WIFI~
- 6-SPEED AUTOMATIC TRANSMISSION
- POWER WINDOWS, LOCKS & REMOTE KEYLESS ENTRY
- BEST-IN-CLASS REAR SEAT LEGROOM‡
- AIR CONDITIONING
- BLUETOOTH® WITH USB
- SIRIUS XM RADIO™

ALL 2015's COME WITH CHEVROLET COMPLETE CARE: 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES* / 5 YEARS/160,000 KM POWERTRAIN WARRANTY** / 5 YEARS/160,000 KM ROADSIDE ASSISTANCE**
CHEVROLET.CA
OFFERS END DECEMBER 1ST FIND NEW ROADS

ON NOW AT YOUR BC CHEVROLET DEALERS. BCChevroletDealers.ca 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. Offers apply to the purchase of a 2015 Chevrolet Equinox LS FWD or lease of a 2015 Chevrolet Equinox LS AWD (1SA) equipped as described. Freight ($1,650) and PDI included. License, insurance, registration, administration and dealer fees, PPSA and taxes not included. Dealers are free to set individual prices. Limited time offer, which may end without notice. See dealer for details. Offers may change without notice, may not be available on all models and may be combined with other offers. Some conditions may apply. Offers may be changed or withdrawn at any time without notice. Offers may be revised, extended, varied or withdrawn at any time without notice. Offers are subject to availability from participating dealers. Dealer may sell for less. Offers may be transferred or assigned within 30 days of original purchase or lease date. Offers cannot be combined with any lease, finance or commercial offer, except where noted. Offers are available only to retail customers who reside in Canada and who have obtained credit approval by and entered into a lease agreement with GM Financial, and who accept delivery from November 1, 2014 through December 1, 2014 of a new or demonstrator 2014 Chevrolet Cruze, 2014 Chevrolet Sonic or most new 2015 model year Chevrolet, 2015 Colorado/City Express excluded at outset of program; will be eligible once residuals become available. Excludes Corvette Stingray, SS, Camaro ZL1, Spark EV, Volt, Impala Limited, Caprice PPV, Silverado HD, Express/Savana Cutaway, Low Cab Forward and Medium Duty. Lease payments are bi-weekly (26 payments per year) for 48 months. Lease payments over the remaining term of the lease agreement. PPSA/RDPRM is not due. Insurance, license, dealer fees and applicable taxes not included. Additional conditions and limitations apply. GM reserves the right to modify or terminate this offer at any time without prior notice. See dealer for details. ~Requires compatible mobile device, active OnStar service and data plan. Visit onstar.ca for coverage maps, details and system limitations. Services and Privacy Statement (including software terms). ^Lease based on a purchase price of $28,585 (including $1,000 lease credit and $670 loyalty bonus) for a 2015 Equinox LS AWD (1SA). Bi-weekly payment is $157 for 48 months at 0.9% APR and includes Freight and Air Tax, on approved credit to qualified retail customers by GM Financial. Annual kilometers limit of 20,000 km, $0.16 per excess kilometer. $0 down payment and a $0 security deposit is required. Payment may vary depending on down payment made. Total obligation is $16,277, plus applicable taxes. Option to purchase at lease end is $13,033. Price and total obligation includes license, insurance, registration, conditions and details. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. †Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet car, SUV, crossover and pickups models delivered in Canada between November 1 and December 1, 2014. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: $1500 credit available on eligible Chevrolet vehicles. Offer is limited to a family member living within the same household (proof of address required). As part of the transaction, dealer may request to see current vehicle ownership and insurance. Leased vehicle must be returned. Excess wear and use and kilometres will be charged. Retail delivery must be taken from dealer stock. Dealer may sell for less. Offer cannot be combined with any lease, finance or commercial offer, except where noted. Offer is available only to retail customers who reside in Canada and who have obtained credit approval by and entered into a lease agreement with GM Financial, and who accept delivery from November 1, 2014 through December 1, 2014 of a new or demonstrator 2014 Chevrolet Cruze, 2014 Chevrolet Sonic or most new 2015 model year Chevrolet, 2015 Colorado/City Express excluded at outset of program; will be eligible once residuals become available. Excludes Corvette Stingray, SS, Camaro ZL1, Spark EV, Volt, Impala Limited, Caprice PPV, Silverado HD, Express/Savana Cutaway, Low Cab Forward and Medium Duty. Lease payments are bi-weekly (26 payments per year) for 48 months. Lease payments over the remaining term of the lease agreement. PPSA/RDPRM is not due. Insurance, license, dealer fees and applicable taxes not included. Additional conditions and limitations apply. GM reserves the right to modify or terminate this offer at any time without prior notice. See dealer for details. ~Requires compatible mobile device, active OnStar service and data plan. Visit onstar.ca for coverage maps, details and system limitations. Services and Privacy Statement (including software terms). ^Lease based on a purchase price of $28,585 (including $1,000 lease credit and $670 loyalty bonus) for a 2015 Equinox LS AWD (1SA). Bi-weekly payment is $157 for 48 months at 0.9% APR and includes Freight and Air Tax, on approved credit to qualified retail customers by GM Financial. Annual kilometers limit of 20,000 km, $0.16 per excess kilometer. $0 down payment and a $0 security deposit is required. Payment may vary depending on down payment made. Total obligation is $16,277, plus applicable taxes. Option to purchase at lease end is $13,033. Price and total obligation includes license, insurance, registration, conditions and details. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. †Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet car, SUV, crossover and pickups models delivered in Canada between November 1 and December 1, 2014. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: $1500 credit available on eligible Chevrolet vehicles. Offer is limited to a family member living within the same household (proof of address required). As part of the transaction, dealer may request to see current vehicle ownership and insurance. Leased vehicle must be returned. Excess wear and use and kilometres will be charged. Retail delivery must be taken from dealer stock. Dealer may sell for less. Offer cannot be combined with any lease, finance or commercial offer, except where noted. Offer is available only to retail customers who reside in Canada and who have obtained credit approval by and entered into a lease agreement with GM Financial, and who accept delivery from November 1, 2014 through December 1, 2014 of a new or demonstrator 2014 Chevrolet Cruze, 2014 Chevrolet Sonic or most new 2015 model year Chevrolet, 2015 Colorado/City Express excluded at outset of program; will be eligible once residuals become available. Excludes Corvette Stingray, SS, Camaro ZL1, Spark EV, Volt, Impala Limited, Caprice PPV, Silverado HD, Express/Savana Cutaway, Low Cab Forward and Medium Duty. Lease payments are bi-weekly (26 payments per year) for 48 months. Lease payments over the remaining term of the lease agreement. PPSA/RDPRM is not due. Insurance, license, dealer fees and applicable taxes not included. Additional conditions and limitations apply. GM reserves the right to modify or terminate this offer at any time without prior notice. See dealer for details. ~Requires compatible mobile device, active OnStar service and data plan. Visit onstar.ca for coverage maps, details and system limitations. Services and Privacy Statement (including software terms). ^Lease based on a purchase price of $28,585 (including $1,000 lease credit and $670 loyalty bonus) for a 2015 Equinox LS AWD (1SA). Bi-weekly payment is $157 for 48 months at 0.9% APR and includes Freight and Air Tax, on approved credit to qualified retail customers by GM Financial. Annual kilometers limit of 20,000 km, $0.16 per excess kilometer. $0 down payment and a $0 security deposit is required. Payment may vary depending on down payment made. Total obligation is $16,277, plus applicable taxes. Option to purchase at lease end is $13,033. Price and total obligation includes license, insurance, registration, conditions and details. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. †Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet car, SUV, crossover and pickups models delivered in Canada between November 1 and December 1, 2014. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: $1000

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Are you working harder for ever smaller returns? Or is that an illusion, brought about by your insistence on measuring things in material terms. On a deeper level you are a lot better off.

♉ Taurus
April 21 - May 21
Ideas and insights are coming fast but because Taurus is such a down-to-earth sign you may be reluctant to act on a whim. But you must.

♊ Gemini
May 22 - June 21
If nothing adds up it can only be because you are using the wrong measuring tool. Put your current beliefs aside and everything will be clear.

♋ Cancer
June 22 - July 23
Jupiter, planet of expansion, links with Mars today, urging you to rise above the limits you have imposed on yourself. You will accomplish things you had only dreamed of doing.

♌ Leo
July 24 - Aug. 23
You like to be free to do things spur of the moment and nothing will stop you from following your instincts over the next 24 hours.

♍ Virgo
Aug. 24 - Sept. 23
Don't limit yourself to one particular environment today — get out into the world and see as much as you can.

♎ Libra
Sept. 24 - Oct. 23
Feelings you thought you had outgrown or left behind will make a return over the next two or three days but they are nothing to worry about.

♏ Scorpio
Oct. 24 - Nov. 22
An important relationship will take a turn for the better over the next 24 hours, especially if you openly communicate your feelings.

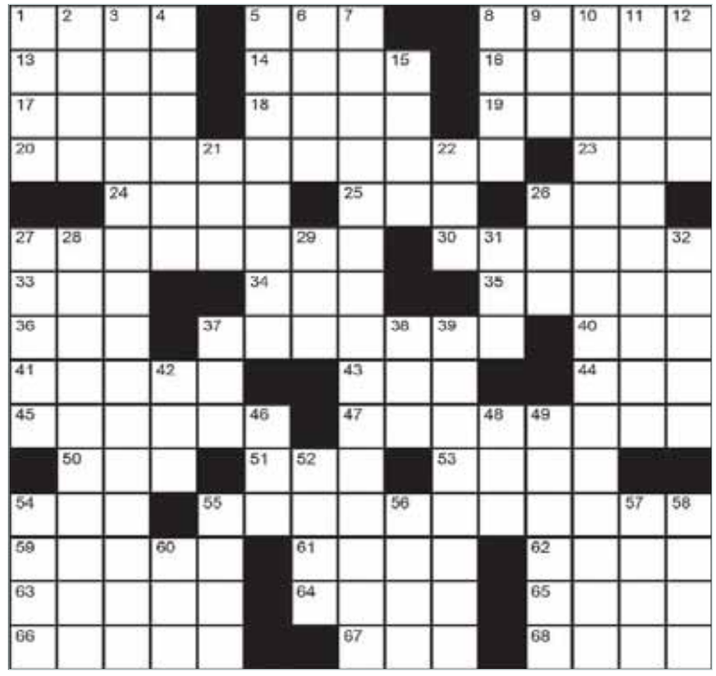
♐ Sagittarius
Nov. 23 - Dec. 21
Just because you see things differently to most other people does not mean you are out of step — it could mean you are the only one who knows where you are going.

♑ Capricorn
Dec. 22 - Jan. 20
There is a pattern to recent events. If you look carefully you will see it. Forces outside your control have been guiding you in a new direction. Not a bad thing.

♒ Aquarius
Jan. 21 - Feb. 19
Although Mars and Jupiter form a somewhat tense link today it could also be a useful link. It will certainly help you deal with any difficulties quickly and efficiently.

♓ Pisces
Feb. 20 - March 20
You know exactly what needs to be said or done to restore harmony at home or at work, so get on with it.

Crossword: Canada Across and Down by Kelly Ann Buchanan



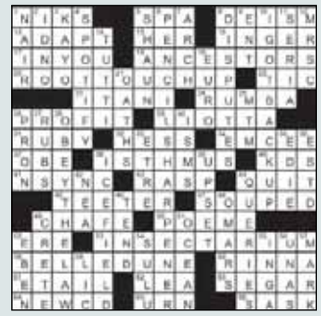
Across

1. Tunesmith Paul
5. Lettuce variety
8. Quebec's __ Peninsula
13. Humorist Mr. Shriner's
14. Harbinger
16. Particular plaudit
17. Organic compound
18. Gracious
19. Red Square's at-rest ruler
20. Steel-__ __ (Victorian-style shapewear)
23. Genetic info carrier
24. Beloved
25. Spacecraft riders, briefly
26. New newt
27. Harbour haul
30. Washington state city
33. "Tik __" by Ke$ha
34. Shakespearean word
35. Actress Sophia
36. Have payments
37. Gains back
40. Banned pesticide
41. Lyricist Sammy's
43. Train unit
44. "Phooey!", in ye olden days
45. "Buffy the Vampire Slayer" (1992) star Ms. Swanson
47. 1800s warship
50. Org. for Spike Lee, Steven Spielberg, Oliver Stone, etc.
51. Keats specialty
53. "Arriba": Hit for what Canadian dance music singer?
54. Cigarette danglee
55. One of two Neil Young songs that Lynyrd Skynyrd's "Sweet Home Alabama" is a response to: 2 wds.
59. Alicia Keys' "Brand ___ __"
61. Canucks ...the first letter is a __ _, whilst the fifth, being little, isn't
62. Show allegiance
63. Entangle
64. Paving stone
65. Portion
66. "Dancing with the Stars" alum Ms. Sliwinska
67. Tripled letter
68. Li'l bootcamp officers

Down

1. Caught in _ __ of lies
2. El __ (Warm ocean current)
3. It leads to Dawson City in the Yukon: 2 wds.
4. Snoozing
5. Sidewalk surface
6. Puccini aria: "_ __ Babbino Caro"
7. Illuminati, and others: 2 wds.
8. Canadian composer Mr. MacDermot
9. __-inspiring
10. Born-in-Scotland Canadian engineer (b.1827 - d.1915) known for Standard Time: 2 wds.
11. Magazines and newspapers: 2 wds.
12. __ Turnblad, role in "Hairspray" (2007)
15. Chirper's creation
21. Water holder-backer
22. Cornerstone abbr.
26. __-friendly
27. Warehouse merchandise
28. E.M. Forster book-turned-movie: 2 wds.
29. Ms. Richie, to pals
31. Mr. Gore's
32. Staked, in poker
37. Alphabetic sequence
38. 'Jag' add-on (Posh car)
39. Externalizes
42. Intelligence org. in The States
46. __-hoo!
48. Neither here __ there
49. Population count
52. Gives nicknames
54. Newfoundland & Labrador town: L'__-au-Loup
55. Ms. Ward
56. Elevs.
57. Mine passage
58. Goalkeepers' guardees
60. "The A-Team" star, __. _

Yesterday's Crossword

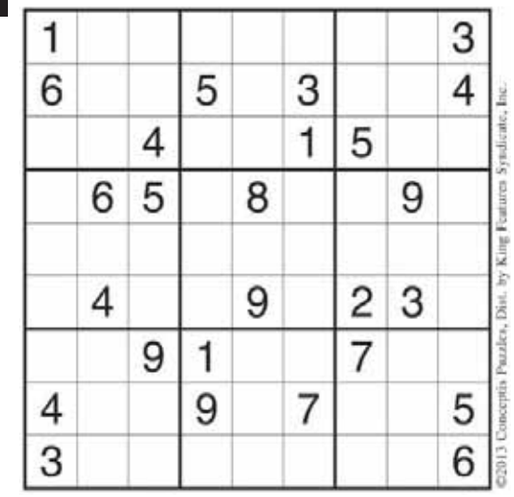


Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Yesterday's Sudoku

6	8	3	5	2	4	7	9	1
2	9	4	8	1	7	5	6	3
1	7	5	3	9	6	2	8	4
3	4	6	7	8	2	9	1	5
8	2	1	4	5	9	3	7	6
7	5	9	1	6	3	4	2	8
4	3	2	6	7	8	1	5	9
5	6	7	9	4	1	8	3	2
9	1	8	2	3	5	6	4	7

THE HANDY POCKET VERSION!
Get the news as it happens
Download the Metro News App today at metronews.ca/mobile
metro

IT'S THE MOST WONDERFUL SALE OF THE YEAR
State-of-the-art features, cutting-edge technology, incredible savings.
Bring home a
HONDA
MOTOR TREND SUV OF THE YEAR 2015

NEW 2015 CR-V LX

Lease for **$70**[Ω] **1.99%** APR[¥] **$0 down**[‡]

Weekly on a 60 month term with 260 payments.
MSRP $27,685** includes freight and PDI
Model shown: RM3H3FES

Standard features include:

- Earth Dreams™ technology powertrain
- Multi-angle rearview camera
- Heated front seats

PLUS **$500** HOLIDAY BONUS[‡‡]

2015 CIVIC DX

Lease for **$45**[†] **2.99%** APR[€] **$0 down**[‡]

Weekly on a 60 month term with 260 payments.
MSRP $17,245** includes freight and PDI
Model shown: FB2E2FEX

Features available on select models:

- Honda Lanewatch Blind Spot Display™
- Multi-angle rearview camera
- 7" Display Audio System with HondaLink™

PLUS **$500** HOLIDAY BONUS[‡‡]

NEW 2015 FIT DX

Lease for **$40**[*] **2.99%** APR[#] **$0 down**[‡]

Weekly on a 60 month term with 260 payments.
MSRP $15,990** includes freight and PDI
Model shown: GK5G3FE

Standard features include:

- Earth Dreams™ technology powertrain
- Multi-angle rearview camera
- 60/40 Split 2nd Row Magic Seat®

HONDA

bchonda.com

‡In order to achieve $0 down payment, dealer will cover the cost of tire/battery tax, air conditioning tax (where applicable), environmental fees and levies on the 2015 CR-V LX, Civic DX and Fit DX only on behalf of the customer. ΩLimited time weekly lease offer based on a new 2015 CR-V LX model RM3H3FES. ¥1.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $69.89 based on applying $400.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $18,171.40. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. †Limited time weekly lease offer based on a new 2015 Civic DX model FB2E2FEX. €2.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $44.90 based on applying $600.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $11,674.00. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. *Limited time weekly lease offer based on a new 2015 Fit DX model GK5G3FE. #2.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $39.97 based on applying $875.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $10,392.20. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. ‡‡$500 Consumer Incentive Dollars "Holiday Bonus" ("Holiday Bonus") available on any new 2015 Civic and new 2015 CR-V models, purchased or leased and delivered by January 2, 2015 and can be combined with advertised lease and finance rates. "Holiday Bonus" includes GST and PST, as applicable. Visit a participating Honda dealer for eligible products & services applicable to "Holiday Bonus" redemption. Offer ends January 2, 2015 and is subject to change or cancellation without notice. £For more information about the 2015 Motor Trend Sport/Utility of the Year® award, visit http://www.motortrend.com/oftheyear/suv/2015_honda_cr_v_is_the_motor_trend_suv_of_the_year/ **MSRP is $27,685 / $17,245 / $15,990 including freight and PDI of $1,695 / $1,495 / $1,495 based on a new 2015 CR-V LX model RM3H3FES / Civic DX model FB2E2FEX / Fit DX model GK5G3FE. License, insurance, registration and taxes are extra and may be required at the time of purchase. ‡/Ω/¥/†/€/*/#/**/‡‡ Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery and covered by the dealer on behalf of the customer on the 2015 CR-V LX, Civic DX and Fit DX only. Offers valid from November 1st through December 1st, 2014 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.